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Burpham Pages

September & October 2018

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Issue No. 76 September & October 2018

Burpham Pages

Incorporating Jacobs Well Local advertising and news magazine, delivered free to over 3,000 homes. Focussed on the local community and the services available in the general area, Includes Burpham Community Association newsletter

www.burpham-pages.com

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Advertising copy deadline for November - December 2018

issue is 8th October 2018

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Burpham Welcome

Dear Neighbours, welcome to the Autumn issue of Burpham Pages. I hope you've had a great summer and enjoyed some relaxing holiday time.

We've had a busy time with Burpham Pages, as since the last issue the magazine has had a re-design. We hope that the new look magazine is something you'll want to keep for a little longer on your coffee table to read our editorials in quieter moments, or by your telephone for when you next need to call upon the services or our local advertisers.

We're continuing to try and make our content as relevant as possible to Burpham and Jacobs Well residents and where possible are starting to include small news snippets and details of upcoming events in our 'News & events' section. If you have anything that you would like included in our next issue (November & December 2018) please feel free to get in touch and e-mail the details to editor@burpham-pages.co.uk

In the new year, in line with the magazine re-design, we'll be launching our new website so readers will have an online resource to all of our content with back issues of the magazine uploaded for reference and our social media channels will gain some momentum too.

So, as we enjoy the last of the summer and head in to Autumn with it's fresher mornings I do hope you are looking forward to what the new season has to offer.

As always, we want to thank both our advertisers and readers for their continued support and for being part of a truly local magazine for Burpham and Jacobs Well.

Paul Nicholls (Editor) editor@burpham-pages.co.uk

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News + events

September & October 2018

A new section for local news & eventsthat we hope will start small and grow as our readers get involved and tell us more about their events organised in Burpham and the surrounding areas.



(Commercial Director), Deputy Mayor Cllr Richard Billington, Chris Lodge (Memorials Director)



Paul Bye (District Manager for Lodge Bros) with members of the local clergy

Lodge Brothers launch new branch in Burpham

The Official Opening Ceremony of Lodge Brothers new branch in London Road. Burpham was held on the 20th June.

Paul Bye, District Manager, opened with an intro to the Lodge Brothers family history and an outline of the company's philosophies. Local clergy joined together and prayers were read in the Dedication and Blessing of The Chapel of Rest. After a brief speech welcoming Lodge Brothers to the area, the commemorative plaque was unveiled by Deputy Mayor Councillor Richard Billington.

Alongside the clergy, quests included representatives from local businesses and the registrars from the council office.

Buffet and refreshments were provided by local catering company Merrow Savouries.

Advance notice of fireworks display road closures

Guildford Lions are delighted to confirm that their spectacular Torchlight Procession and Fireworks Display will take place on Saturday November 3rd 2018.

For crowd safety reasons London Road (between the A25 roundabout and York Road & Waterden Road), Nightingale Road and Lido Road will all be closed between 6.50pm and 9.00pm on November 3rd.

Traffic diversions will be in place and residents-only access plus disabled parking access to the High School in London Road will be allowed but strictly controlled.

All profits will be used by Guildford Lions Club to support local good causes. More detailed information is available at www.quildfordlions.com

What's on this month

Saturday 1st September

Burpham Gardening Club Autumn show

Burpham Village Hall - Entries to be in by 11.00am. Show to re-open at 2.30pm for prize giving and refreshments.



Friday 7th September and Saturday 8th September

G-Live Beer Festival

Sessions: Fri 6.30pm-11pm, Sat 12pm-4pm & 6.30pm-11pm

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Wednesday 26th September

Home-Start 'Volunteer Preparation Course' commences.

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Wednesday 31st October

Halloween!

Remember, tonights the

night that little ghosts and ghouls come knocking so be prepared with a few sweets or turn off the lights and hide!

We're looking forward to:

Saturday 3rd November

Guildford Lions Fireworks Fiesta at Stoke Park

Guildford's largest firework fiesta. Torchlight procession, fair, band & refreshments. Mayoral address at 6.45pm. Procession at 7pm. Peter Gordon from Eagle Radio on site at 6.30pm. Display starts at 8pm. Entry to display by donation: £5 per person or £10 per family. All profits used by Guildford Lions Club to support local good causes. Detailed information is available at www.guildfordlions.com

Do you have any events happening in and around Burpham & Jacobs Well that you would like added in the next issue?

Our next issue of Burpham Pages will cover November & December 2018. If you would like your event, happening during this period, added to our 'News & events' or 'What's on this month' sections please e-mail the details to editor@burpham-pages.co.uk before 8th October 2018.













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Why am I left in the waiting room?

Why are relatives not allowed to sit in when solicitors see their older relatives to discuss legal points? Surely the son or daughter can assist with information and background facts?



One is that we need to make sure we establish who our client is. Sounds simple, but if a child starts to ask questions about inheritance tax are we giving that child advice or the parent? The second point is that guite often what the younger generation think is a good idea may not be what the older person wants so there is a conflict of interest between the child and the parent - or the aunt and niece or any other situation where a younger person accompanies an older relative to a lawyer's office.

The most common situation where this can occur is where a younger person explains that the older relative wants to give their property to the younger generation. Alarm bells always ring at this and once we see the older person on their own it can be quite a different story. As lawyers we have a duty of diligence and confidentiality to that older person and, once we explain the dangers of carrying out such a step, they usually decide not to go ahead with the idea. Of course, the younger relative might be upset by the change of heart, but our duty is to the client - the older person, who would be carrying out the legal steps.

There are other reasons why we need to see the older person on their own. It is a sad fact that many people don't think about wills, powers of attorney or other legal actions, until it becomes necessary. Very often it is only when an older person starts to exhibit signs of dementia that questions are raised about wills or power of attorney. It is the duty of a solicitor to ensure that the client fully understands the implications of these legal processes, so we have to assess the mental capacity of that person, and if a relative is in the room, that relative can 'assist' by answering questions and the assessment can be very difficult.

A word of assurance in this respect; just because a person has been diagnosed with dementia does not mean they are unable to take decisions or give instructions, for a will, for instance. Quite often they will still 'know their own mind' about their testamentary wishes and can give adequate instructions.

But we as lawyers have to be wary; supposing a disappointed relative claims the person did not have capacity when the will is produced, after death? Then it is important we have made the right assessment and recorded adequately how we assessed that person, to ensure the will they made will 'stand up in court', and seeing them on their own is the first step, i.e. there was no-one else who was unduly influencing them.

So, next time you are asked to wait outside, don't take offence; we are just doing our job.

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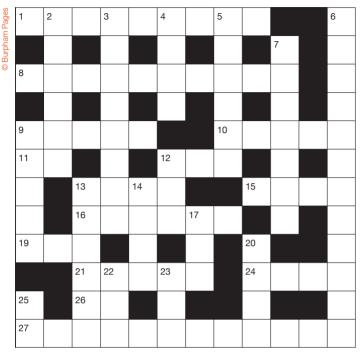
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Burpham Pages Crossword

Crossword No. 1 September & October 2018



Solution to July-August 2018 wordsearch:

Burpham Wordsearch

E O S O B F E N A L N N I W E N O

> HOLY SPIRIT HORSESHOES

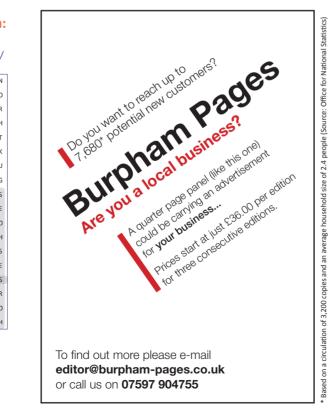
> JACOBS WELL

LOCAL PLAN

F O D A O R N O D N O L I

- 1 All hallows eve (9)
- 8 Mathematical representation of data (10)
- 9 Most common UK surname (5)
- **10** Warrant (5)
- 11 Powered up (2)
- 12 Feather scarf (3)
- 13 Creative thought (4)
- 15 Frozen desserts (4)
- 16 Almost (6)
- 19 Lowest point between two mountain peaks (3)
- 21 Passageway (5)
- 24 A circle of light (often portraved in art around a holy persons head) (4)
- 26 An informal greeting or exclamation (2)
- 27 Important in making something happen (12)

- 2 Fall (USA) (6)
- 3 North-South position (8)
- 4 To desire, want or hope (4)
- 5 Mysterious. Tricky to understand (6)
- 6 After the summer hols (4,2,6)
- 7 Large flightless bird (7)
- 9 Sound waves (5)
- 12 Pub counter (3)
- 13 Embedded patterns or materials (6)
- 14 British nobleman (4)
- 17 Put down gently (3)
- 20 Svelte (4)
- 22 Batch (3)
- 23 Large flightless bird (3)
- 25 Life force (2)







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What is your current dream in life? A better job, to own your house, to lose weight, get a new car, some new clothes, a relationship, better health... or have you stopped dreaming?

On 8th September I hope to be fulfilling my 2 year dream to run a marathon up a mountain in Switzerland!

To be honest when I reached 50 I had started to have fewer dreams and just got on with life, taking it one day at a time! Maybe I had failed too many times or just got pragmatic about every day's challenges! Then a doctor warned me "men without dreams are much more likely to get depression", so I finally started running.

The first year I failed to get far, quickly getting an injury, but the second year I finally got my act together, lost 3 stone and started training. I have run 1000 miles this year and completed many races already.

How did I deal with my fear of failure and my inability to lose weight (even though like everyone I do know how; eat less and exercise!)? So often we are told to "look inside yourself", or to "be strong", or to "try this diet" or "that exercise".

"On 8th September I hope to be fulfilling my 2 year dream to run a marathon up a mountain in Switzerland!"

Rev James Levasier

If you are a strong and self-disciplined person in the rest of your life that's fine, but the truth is, I have looked inside myself and have failed a lot and I know

I am really not a strong self-disciplined person! For me, it was all about God.

And even if you do not share my faith in God, He can be a strength when you have none. You just have to start talking to Him (we call that prayer) and ask Him for help.

Then you can start dreaming again!
But note, God gives us what we need
but not always what we want!

Every blessing
Rev James Levasier

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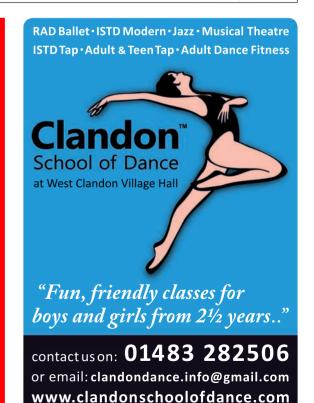
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Reconstruction of an Anglo-Saxon watermill

Of course, it may not have been in exactly the same spot, as the Wey Navigation wasn't built until the 1650s. but the ancient mill would have been by the original river. The mill would have belonged to the Lord of the Manor and villagers were required to grind their corn there, paying a toll to the Lord.



The 1838 Tithe Map showing Bowers Mills

The mill first appeared on a map in 1729 by John Senex, marked as a paper-mill. Some documentation suggests that there were two mills in Burpham, one for corn and one for paper, and certainly the Tithe Map of 1838 clearly says Bowers Mills, but it isn't clear whether it was one building or two.

The earliest examples of watermills date from the Romano-British period,

so it is possible that there was a mill here that early, but the Domesday

1086AD, one of over 5,000 recorded around the country.

Image courtesy of Tony Rummery. www.flickr.com/photos/Tpatvelo © Tony Rummery 2017. All rights reserved.

Book records that there was a mill, valued at 15 shillings, in Burpham in

It seems that papermaking in Burpham died out by the late 1790s and, although there was a brief period of producing linseed oil, by the 1830s it had reverted to being a corn mill.

"Some documentation suggests that there were two mills in Burpham, one for corn and one for paper..."

By the 1890s, with Robert Ranger as miller, new machinery was installed, but by 1910 milling had ceased in Burpham. Watermills were generally at least three storeys tall, with a hoist to raise the corn to the top, the millstones on the middle floor and the ground flour collected on the lower floor.

Moira MacQuaide Hall's

A mill at

Burpham

history of Burpham



Bowers Mill c.1900

The mill, mill house and mill lodge were bought by the Duke of Sutherland in the early 20th century. The mill itself was demolished in about 1945, with all the timber being relocated to Sutton Place, and a new building was erected, to be used as a laundry for his estate.

Apparently, when the Duke and his family were at their house in Scotland, their washing was sent by train down to Burpham and then back up again. Bower's Mill is now a residential home - a lovely building by the river, with Bower's Mill House next door.

If you are willing to share your memories and/or photos to tell us more about Burpham then please contact Moira MacQuaide Hall, either by e-mail (moira.macquaide@gmail.com) or by phone or text (07963 756543). My two books ('The History of Burpham Primary School' and 'Burpham - A Gateway to Guildford') are still available from me for £10 (free delivery locally) or on Amazon.

Welcome to the Burpham Community Association

Community Update

How do you see Burpham?

Do you think of it as a village or just part of Guildford's urban sprawl? Is it your community or just somewhere you live?

If you investigate the word "community" you have to start with Latin – communitatem, meaning a sense of fellowship and communis meaning common, as in things shared. Both definitions are integrated in the interpretations of community, for example:

A community is a small or large social unit that has something in common. Communities often share a sense of place. Communities are interacting people sharing an environment. When the BCA was formed in 1973, the term community association was used, rather than the more usual residents' association. It emphasised precisely a sense of sharing and belonging. This year sees the 45th anniversary of the BCA - our sapphire anniversary. Will there be a golden celebration? That very much depends on you. In last month's Burpham Pages we explained the requirement for more residents to come forward and help in various ways. The need is still there. There will be an Extraordinary General Meeting on October 15th - details opposite - at which we hope to be able to form a new committee to help steer Burpham through the perils of the Local Plan. If we cannot achieve the necessary numbers, then the BCA faces closure.

A link to the past

All communities start from small beginnings; Burpham has grown from the tiny hamlet mentioned in the Domesday Book to a village of some 2,500 dwellings. Most are post- war but there are a few that remind us of our roots – the New Inn Lane surgery, Marlyn's Cottage, Pimm's Row, St Luke's Church and this familiar hostelry.

The Anchor and Horseshoes is thought to have originally been built in the 17th or early 18th century and records show it has operated as a pub from 1785 onwards. (Moira MacQuaide Hall, Burpham- A Gateway to Guildford, 2017).



For many of us, the pub is the heart of community life, and as the Anchor and Horseshoes is now the only one remaining in Burpham, it provides residents with the opportunity to meet people from all walks of life, make new friends and enjoy a comfortable and historic environment.

If the pub were to close and the land be developed for housing, it would be a sad loss for the community. So the Anchor and Horseshoes is being nominated as an Asset of Community Value (ACV). This would designate it as important to the local community and subject to additional protection from development. The BCA and the Burpham Neighbourhood Forum both support this nomination. Others wishing to add their support by giving personal reasons for valuing this pub, should contact the Secretary.

www.burphamca.org.uk

To get in touch with the BCA: Contact the secretary on secretary@burphamca.org.uk phone 01483 567791 or visit the website at www.burphamca.org.uk

Dates for your diary

17th September

A presentation on Mental Health by Rachel Brennan, the SW Surrey Senior Support Advisor for Action for Carers. Her background is in mental health and she has worked for the NHS as an occupational therapist. She works closely with carers who look after someone with mental health problems, both support groups and one-to-one support.

15th October

Extraordinary General Meeting to decide the future of the Burpham Community Association.

19th November

A presentation on the Guildford Time Bank which is about local people helping and supporting each other by sharing skills, offering practical help or personal support, followed by seasonal drinks and nibbles. All meetings will be in the Sutherland Memorial Hall, starting at 8pm.

"One of the marvellous things about community is that it enables us to welcome and help people in a way we couldn't as individuals"

Jean Vanier

We're looking feedback on the future of the BCA!

Please complete our Community Survey online, or request a copy from the Secretary www.surveymonkey.co.uk/r/BCA-2018

Help by joining the Burpham Community Association today!

Subscriptions are just £8 per household or £4 per single occupancy to join now in 2018, and help contribute to the BCA fighting to protect our village and community. To join the BCA or renew your subscription, please fill in the form below and return it to Hazel Teal, at 44 Great Oaks Park, Burpham, GU4 7JG. You can pay with your bank: Account Name: Burpham Community Association, Sort Code: 40-22-26, Account Number: 41049194.

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Please note, we never share your data or use it for any purpose other communicating about BCA activities.

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Home-Start Guildford is looking for new volunteers...

Home-Start Guildford is a family support charity covering the whole of the Guildford Borough plus Bookham and Fetcham in Mole Valley. We provide home-visiting volunteers with parenting experience to support families who are struggling to cope with at least one child under five. Examples of difficulties might be: post-natal depression, illness/disability (of parent or child), multiple births, family breakdown, and financial worries.

We believe that parents are key in creating a secure and happy environment for their children. They may need emotional or practical support to give their children the best possible start in life. That's where we come in - and you could too!

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Back to school: Tips from the Chiropractor

Philip J Hehir DC MSc MRCC

There are 190 teaching days in a typical school year. That's a potential of 1,330 hours per annum that our children will spend sitting, whether that be at their desk or on the floor in an assembly hall.

Poor sitting position can wreak havoc on our developing children's spines; potentially affecting blood flow to their inquisitive brains and cause fatigue, which isn't all too ideal in a learning environment!

When parents bring their children in to see us, it's not uncommon to see them begin to develop the early signs of a slouched posture – where the spine develops a sort of C-shape (think of a curvy croissant). The C-shape slouch is not an ideal position for the spine as it induces additional compressive loads into the shock absorbing discs that lie in between the vertebrae. It can also reduce the elevating and depressing efficiency of the diaphragm a powerful muscle at the base of the rib cage which helps regulate pressure within the lungs. This in turn can diminish oxygen absorption leading to premature fatigue; and the recruitment of our 'accessory' shoulder muscles, which are usually only called upon during intense exercise. Shoulder breathing results in tension within the associated muscles and can often lead to headaches. All of this, doesn't make good for absorbing knowledge.

The spine has a natural S-shape configuration which provides plenty of shock absorbance and efficient muscle activity. Encouraging a posture which is congruent with the natural shape of the spine means it can work at its best. Don't be fooled into thinking however an over-the-top bolted upright posture will be better either mind – in fact it can be just as unnatural as the C-shape.

I often teach youngsters how to work on their S-shape. They do this by finding their 'spinal neutral'. That is, whilst sitting, I tell them to slouch as far they can, after that I tell them to arch their back as far they can by rocking the pelvis forward. The point half way between these two is your spinal neutral. In most cases, this is where the spine has sound curvatures.

In addition to this, the best advice we can give is to ensure your child keeps moving throughout the day. During lunch breaks, they must absolutely get up and move and around - keeping the sitting down to a minimum. When in class, if at all possible, get up and down every 40 minutes or so. Regularly switching from sitting to standing will ease the effects of the sedentary school day.

And then there's the topic of school bags: that's a discussion for another time!

If you would like further advice on your child's posture, please contact Clinic reception. We offer a free 15-minute consultation with one of our chiropractors to answer any questions you may have.



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OUR UPCOMING AUTUMN EVENTS ARE:

18 September 2018

'The Knicker Lady' – will tell us about 'The History and Making of Knickers'. 16 October 2018

'Everyone Has a Tale to Tell' the story of 'Who Do You Think You Are'. 20 November 2018

AGM – an opportunity for members to join our Committee and elect our President for the forthcoming year.

Also in November we will be holding a Quiz Night with a fish and chip supper.

We have several sub groups – Cinema, coffee & chat and two book groups – which are very popular. These groups and events give our members the opportunity to socialise between our regular meetings.

Members also have the opportunity to attend **Surrey Federation of WIs'**

events, including the Annual Meeting at Dorking Halls on 8 October; a Literary Lunch on 18 October and a Harvest Lunch on 23 October.

FOR FURTHER INFORMATION:

www.burphamevewi.btck.co.uk

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We now look forward to the Autumn show on Saturday September 1st. The Trading Hut will reopen on Sunday a final trim before Winter. September 2nd. Our first meeting of

the Winter season will be on Tuesday 23rd October at 7.30pm in the Village good Spring display. Hall when Derek Dexter will be advising

To join the club or our meetings call John Boon on 01483 874123

Turnip can still be made.

Thank you to everyone who scraped around their parched

winner of the Ireland Trophy and the Teresa Hunt Trophy.

gardens to find exhibits for the Summer Show, congratulations

to all the prize winners especially Morriss Kemp winner of the

Ted Crump Rosebowl and the Howard Plate and Gill Buiszard

Things to do in the garden in September

us on how to grow Fuchsias.

- On dry sunny days seed from Annuals such as Alyssum, French Marigold and Tagetes can be collected for sowing next Spring, do not collect the seed of F1 Hybrids as the new plants will not be the same as the originals.
- Continue to deadhead the flower border so that it will stay in bloom until the first frost. To produce good blooms Dahlias need to be fed with a high potash liquid feed once a fortnight.
- Cuttings of Fuchsia and Pelargonium can still be taken.
- Neep Camellias and Rhododendrons well watered to ensure good bud

- formation for flowering next Spring.
- Naffodils and Narcissi should be planted this month or next for a
- A late sowing of Spinach and

The evenings are now drawing in and Autumn is upon us so enjoy your garden whilst it is still at its peak.

- Plant out overwintering Onion Sets and Spring Cabbage, Main Crop Potatoes should be lifted and stored.
- Cut out the fruited canes of Loganberry and Raspberry.
- Apply an Autumn Dressing to the Lawn when rain is forecast

Things to do in the garden in October

All tender plants and shrubs should. be brought indoors at the first sign of frost and kept in a frost free place.

- Cut back and divide Herbaceous Perennials.
- Dahlias should be lifted and stored once they have been blackened by the frost.
- Reduce the height of Bush Roses to minimise root damage caused by wind rock during the winter months, Climbing Roses should be pruned with the remaining stems being tied to a wall or trellis.
- Tulip Bulbs should be ordered or purchased for planting next month, remember that the bigger the bulb the bigger the flower, prepared hyacinths and Narcissi 'Paperwhite' should be planted in pots for a Christmas display, mixed colour Hyacinths will not all flower at the same time.
- Neet Peas should be sown under glass at the end of the month.
- Now is a good time to plant Hedges, Shrubs and Trees.
- Plant Garlic this month just below the soil surface 15cm apart
- As the days shorten reduce the watering of houseplants.

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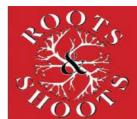
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