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Burpham Pages

November
& December
2018

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A history of Burpham

The Great War, 100 years on, we remember the men of our community who lost their lives

Burpham Church

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Burpham Pages

Issue No. 77
November
& December
2018

Burpham Pages

Incorporating Jacobs Well
Local advertising and news magazine,
delivered free to over 3,000 homes.
Focused on the local community and
the services available in the general
area. Includes Burpham Community
Association newsletter.
www.burpham-pages.co.uk

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Welcome



Dear Neighbours, I like to think of this as the Christmas issue of Burpham Pages with all the expectant excitement of the season. The primary schools and nurseries are starting to be decorated with children's festive works of art and the trees outside are now in full autumn colours.

However, there's still so much else that is happening before we even start to think about Christmas. As I write, there's a palpable sense of anticipation of Halloween. The shops are full of costumes and blood red makeup and party bags of sweets are lining the shelves ready for use to fend off the little monsters on your doorsteps in a few days' time. (We'll try and get this issue of the magazine to you as early as possible so we're not mistaken for 'trick or treaters'.)

We've then got bonfire night with all sorts of firework events going on in every village and town in the area (don't forget to keep your pets inside in the evenings surrounding November 3rd to the 5th). I know we're looking forward to the Guildford Lions Firework Fiesta at Stoke Park on Saturday 3rd November. It's always a good display and certainly for me marks the arrival of winter as we all gather in our warm hats, scarves and coats to watch the display.

This year, of course, we also mark the centenary of the end of the First World War and remember those who gave their lives to defend their country, home, family and way of life. The memorial in Burpham will wear its annual layer of poppies and wreaths as the community remember the men of this parish that fought and died, not only in the First World War, but in all armed conflict around the world. Burpham Church has an exhibition and series of events entitled 'The Forgiveness Project' which discusses the theme of forgiveness from the point of view of those who have experienced harm or injustice during wartime.

We then start to enter the truly festive time of the season. The shops will no doubt have been full of Christmas cheer since

the beginning of November but it is as we approach December that you really start to get that 'Christmassy' feeling. Work parties will be in full swing, present shopping will feature highly on your 'to do' list and stocking up food for the big day will become frantic (there's plenty of places to buy some fantastic Christmas fayre advertising in the magazine this issue, whether you're looking for a fresh turkey, a Christmas tree or handmade decorations you'll find a farm shop or a craft fair in here to suit your needs).

And then... it's Christmas!

I hope you all have a wonderful season, that you manage to have plenty of treats (and no tricks), that you enjoy the fireworks and stay safe and that you celebrate Christmas and the New Year with happiness and joy (and if there's someone nearby on their own over the period please do knock on the door and say "hello", perhaps with a glass of wine or a little present).

Have fun. I'll speak to you all again in 2019.

Paul Nicholls (Editor)

editor@burpham-pages.co.uk

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News + events

November
& December 2018

A new section for local news & events that we hope will start small and grow as our readers get involved and tell us more about their events organised in Burpham and the surrounding areas.



The Anchor & Horseshoes, London Road, Burpham

Anchor & Horseshoes to re-open with new look

Most of our local readers will have noticed that the only remaining local pub has been closed now for a number of weeks without any specific explanation. We've been in touch with the country's leading pub retailer and brewer, who own the pub:

A spokesperson for Greene King said: "As part of a joint investment with our licensee, the Anchor & Horseshoes is in the process of a six-figure refit. The refurbishment will completely overhaul the internal décor, as well as install new signage, provide better zoning of the bar and dining area, and we'll also be upgrading the kitchen to support the introduction of a food offering. We're very excited about the changes that are taking place and look forward to showcasing the new look when we welcome back our old and new customers in early November."

Advance notice of fireworks display road closures

Guildford Lions are delighted to confirm that their spectacular Torchlight Procession and Fireworks Display will take place on **Saturday November 3rd 2018**.

For crowd safety reasons **London Road** (between the A25 roundabout and York Road & Waterden Road), **Nightingale Road** and **Lido Road** will all be closed between 6.50pm and 9.00pm on November 3rd.

Traffic diversions will be in place and residents-only access plus disabled parking access to the High School in London Road will be allowed but strictly controlled.

For the first time the Guildford Lions will be offering contactless payment options in the High Street for torches and at the Spectrum entrance gate at Stoke Park for entry donations.

All profits will be used by Guildford Lions Club to support local good causes. More detailed information is available at www.guildfordlions.com

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DISPLAY ON STOKE PARK AT 8PM

HIGH STREET

- Torch sales (£5) from 6-7pm at the Guildhall
- Mayoral address at 6.45pm
- Procession leaves at 7pm

STOKE PARK

- Commentary starts at 6.30pm
- Torchlight procession arrives at 7.45pm

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FOR MORE INFORMATION VISIT www.guilfordlions.com
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All profits will be used to support our local community
Guildford Lions Club (CIO)
registered charity number 1175962



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CHRISTMAS & CRAFT FAIR

Saturday, 17th November 2018
1pm to 5pm Raynham Hall

Gift and craft stalls
Great Raffle: Amazing prizes

Lots of children's activities and games
Delicious food and drink all day. Great value, hassle free Christmas shopping
Entry £1 – children under 18 free

What's on this month

Saturday 3rd November

Guildford Lions Fireworks Fiesta at Stoke Park

Guildford's largest firework fiesta. Torchlight procession, fair, band & refreshments. Mayoral address at 6.45pm. Procession at 7pm. Peter Gordon from Eagle Radio on site at 6.30pm. Display starts at 8pm. Entry to display by donation: £5 per person or £10 per family. All profits used by Guildford Lions Club to support local good causes. Detailed information is available at www.guilfordlions.com

Saturday 17th November

George Abbot School Christmas & Craft Fair

1pm to 5 pm. Raynham Hall, George Abbot School, Woodruff Avenue. Gift & craft stalls. Great raffle – amazing prizes. Lots of children's activities and games. Delicious food and drink all day. Great value, hassle free Christmas shopping. **Entry £1. Children under 18 free.**

Saturday 8th December

Christmas Craft Fair at Jacobs Well Village Hall

10am to 4pm. Free entry. Refreshments available including tea, coffee and homemade cakes. Wide range of crafts. Would you like to sell? We may still have some tables available: 5'x2' at £15, but hurry as we don't have many left. Email for details: jwcraftfair@gmail.com

Saturday 8th December

Elm Nursery Christmas Craft Fair

10am to 3pm. Over 45 stalls selling homemade goodies and locally produced arts and crafts. Plus 'pocket money' gifts and children's presents.

Have your photo taken with **Father Christmas** in his grotto. Plus, local choir performances, face painting and children's crafts. **Children's Farm** will be open (charges apply for activities and farm entry). Christmas trees, door wreaths, orders taken all day for free range turkey, meat and veggies. Food and drink from our refreshment stall and Elm Kitchen café. Plenty of choice of light bites, lunches, cakes and pastries. **Free parking & free entry to the fair.** Elm Nursery. Sutton Green Road. Telephone: 01483 755559 or visit www.elmnursery.co.uk

November & December at Burpham Church

The Forgiveness Project

The Forgiveness Project! An Exhibition about Forgiveness and hear the amazing story of a concentration camp survivor! **All at our church in New Inn Lane.**

1st & 2nd, 5th-7th November

The F word Exhibition: 9.30am-1.00pm Stories of Forgiveness.

Friday 2nd November

Meet a Survivor Evening: 7.45-9.45pm With cheese and wine – hear the story of forgiveness from a concentration camp survivor.

Saturday 3rd November

Meet A Survivor Morning: 10.30am -12.30pm With tea, coffee & cake hear the story of forgiveness from a concentration camp survivor.

Sunday 4th November

Christian Forgiveness? 8.00am (St Luke's), 9.15am & 10.45am

Saturday 10th November

Messy Church Fireworks

4:30-6pm Family worship, tea and low-impact family-friendly fireworks, at our New Inn Lane Church

Friday 23rd November

Christmas Crafts evening for Ladies

8-10pm come and enjoy a relaxed evening with mulled wine, mince pies, hot chocolate and the chance to learn some quality Christmas crafts. By donation. (New Inn Lane Church)



Advent and Christmas at Burpham Church

Sunday 2nd December 4pm

Christingle Service (New Inn Lane Church) Start advent with candles and oranges, for all ages

Sunday 16th December 6pm

Candlelit Carol Service (St Luke's Church, Burpham Lane)

Friday 21st December 6pm

Candlelit Carol Service (St Luke's Church, Burpham Lane)

Monday 24th December 4pm

Nativity Service (New Inn Lane Church) Dress up and join in the story!

Monday 24th December

11.30pm Midnight Candlelit Communion (St Luke's Church, Burpham Lane)

Tuesday 25th December

8am Christmas Communion (St Luke's Church in Burpham Lane)

Tuesday 25th December

10am Christmas Celebration Service (New Inn Lane Church)

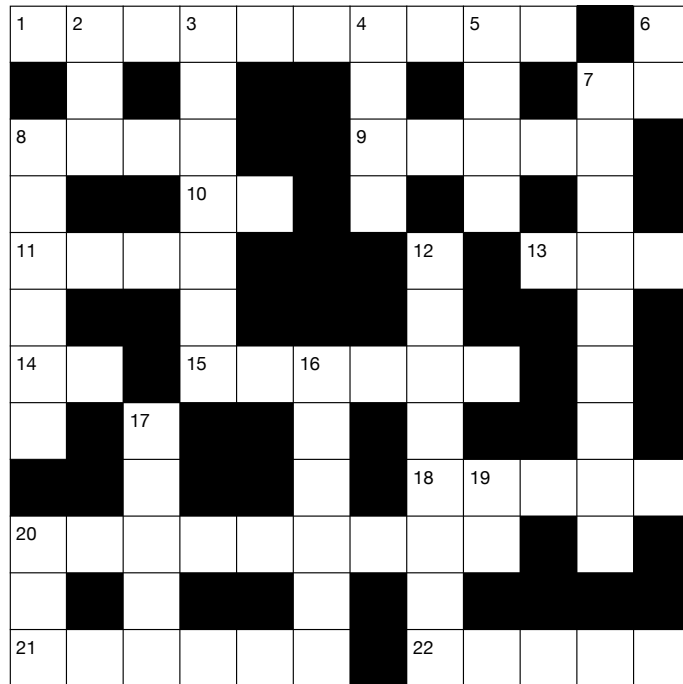
Do you have any events happening in and around Burpham & Jacobs Well that you would like added in the next issue?

Our next issue of Burpham Pages will cover January & February 2019. If you would like your event, happening during this period, added to our 'News & events' or 'What's on this month' sections please e-mail the details to editor@burpham-pages.co.uk before **3rd December 2018**.

Burpham Pages Crossword

Crossword No. 2
November & December 2018

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Across

- 1 Remember, remember it nearly went up in smoke (10)
- 7 First-person plural personal pronoun (2)
- 8 Topical medical preparation (4)
- 9 Dwarf lawn ornament figurine (5)
- 10 Unit of measure of typeset matter (2)
- 11 Any single measurement used for comparison (4)
- 13 Water in its solid form (3)
- 14 'See', often used in the Bible with 'behold' (2)
- 15 A time of expectant waiting (for Christmas) (6)
- 17 Diminutive expression of emotion (2)
- 18 In or of a city or city life (5)
- 20 Saintly name for a pinwheel (9)
- 21 Went on foot (4)
- 22 Keenly expectant (5)

Down

- 2 Heat storage stove and cooker (3)
- 3 Tinsel in narrow strips. Emulates icicles (7)
- 4 Bearers of gifts of gold, frankincense and myrrh. Origin of the word 'magic' (4)
- 5 Inert gas used for lighting (4)
- 6 Masculine third-person, singular personal pronoun (2)
- 7 A good king of Czech origin (9)
- 8 Spherical Christmas tree decorations, traditionally glass (6)
- 12 Make known (9)
- 16 Changed direction suddenly (6)
- 17 Individual corolla of a flower (5)
- 19 About or concerning. Often a prefix (2)
- 20 Harsh cry of a rook (3)

Solution to Crossword No. 1

Burpham Pages issue No. 76
September & October 2018

The solution to each crossword will be published in the following issue of Burpham Pages. For the November – December 2018 solution please see our January – February 2019 issue.



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Is it always right to forgive really evil deeds?

Someone was telling me how wrong it is to forgive someone who has wronged you very badly. Most people will think it's good to forgive friends and family for the little wrongs we all do to each other!

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After all, do we not do some wrong at some point to those we love? We would have not any friends or family if we didn't forgive small wrongs! But what about the big evil things that are done to, thankfully, only a few people.

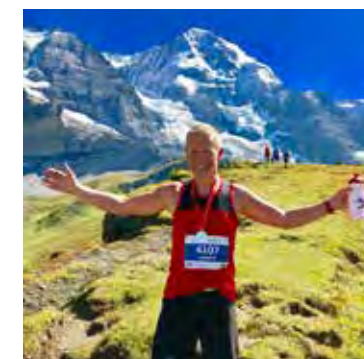
My grandmother was in a Japanese concentration camp (see picture above) and my grandfather captured and sent to work on the Bridge over the River Kwai. At one point, he was left for dead and only survived because locals rescued and fed him. Both were deeply affected by their war experiences.

My grandfather died fairly young from war-related health problems, but my grandmother I remember being angry and unforgiving about her experiences, right until she died.

At Burpham Church from **1st-7th November** we are hosting an exhibition exploring the subject of forgiveness in extreme circumstances. There are also two events to listen to and talk with a concentration camp survivor and their view on forgiveness. Do join us to hear from someone who has a unique perspective on both history and forgiveness, and decide what you think.

At Burpham Church from 1st-7th November we are hosting an exhibition exploring the subject of forgiveness in extreme circumstances.

[See 'What's on this month' page 7](#)



One another note last month I spoke of my dream to run a marathon up a mountain. On 8th September I completed the 2018 Jungfrau Marathon, 26.2 miles long and 1 mile up! I loved it so much I have done 2 more marathons since! Here I am at the finish!

Rev James Levasier



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Moira MacQuaide Hall's
history of Burpham

The Great War

This year we remember that the First World War, or Great War, ended in November 1918. War had been declared in August 1914 and over the next four years nearly one million British soldiers died, fighting for their country.

AN HONOURED MEMORY OF
THE MEN OF THIS PARISH
WHO FELL IN THE GREAT WAR
1914-18.
WALTER WISDOM

FREDERICK ADAMS
WILLIAM COLLIS
TOM DURRANT
HARRY DURRANT
CHARLES GRAY
EDWARD GUNNER

SAMSON ALBERT GUNNER
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JOHN ALBERT RUSSELL
THOMAS ALBERT SEARLE
GEORGE FREDERICK STILLWELL
JACK RUSSELL WILLIAMS

Some were brought home to be buried in their communities, some were buried near where they died, but some bodies were either not found or could not be identified. There are major memorials in all the theatres of war, such as the Menin Gate (Ypres, West Flanders, Belgium), as well as in towns and cities up and down the country.

There were also men who survived the war, some of whom suffered from what we now call post-traumatic stress disorder, but was then called shell shock. Many men suffered from trench fever and in 1918/19 many succumbed to the epidemic of Spanish Flu. Most men who got through the war never spoke of their experiences.

During the Great War the Home Guard were known as the Volunteer Force, or by the nickname of 'Gorgeous Wrecks' because of their 'Georgius Rex' arm-bands. Conscientious Objectors appealed their conscription, but were made to work on farms and in other places.

The Burpham War Memorial, at St Luke's Church, was erected in August 1920.

A service in the churchyard remembered the 17 men of Burpham and Jacob's Well, who had given their lives in the war. Two years later the 18th name was added. Another 11 names were added after the Second World War.

"Three sets of brothers, one father and son, and ten other men, all mourned by Burpham's community..."

Harry Durrant was the first Burpham man to lose his life. He died in November 1914 at Ypres. Henry Williams and Percy Gunner died in 1915 in France. George Stillwell and Frederick Adams died in 1916, both at the Somme.

In March 1917 Tom Durrant died in Iraq, John Gunner died at the Somme and Norman Phillips (the only RFC pilot) died in aerial combat in France. James Knight died at Ypres in June, Charles Grey in September and Samson Gunner in November, both on the Western Front. In 1918 Thomas Searle and William Collis both died in March on the Somme, while the same month Jack Russell died

on the Western Front. Robert Knight died in a PoW camp in June; Walter Worsfold and Walter Wisdom died right at the end of the war, in November, in France. Finally, Edward Gunner died of influenza in 1919 in France.

Three sets of brothers, one father and son, and ten other men, all mourned by the community.

We will remember them.



If you are willing to share your memories and/or photos to tell us more about Burpham then please contact Moira MacQuaide Hall, either by e-mail (moira.macquaide@gmail.com) or by phone or text (07963 756543). My two books ('The History of Burpham Primary School' and 'Burpham – A Gateway to Guildford') are still available from me for £10 (free delivery locally) or on Amazon.



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Welcome to the Burpham Community Association

Community Update

Presentation on mental health

Those residents who attended the public meeting on September 17th were given a wonderful opportunity to listen to an expert talk about all aspects of mental health. One in three of us will, at some time in our lives, experience mental health problems, ours or someone we know, ranging from anxiety and depression to psychosis.

Rachel Brennan identified different kinds of mental health issues, gave advice on dealing with family or friends who have problems and where to turn to get help. She dealt with a difficult subject with both humour and compassion, and those members in the audience responded by contributing to some lively discussion. It was disappointing on this occasion that a low turnout meant many members were unable to take advantage of an excellent presentation, delivered by a senior support carer with many years of experience.



Extraordinary General Meeting

By the time you are reading this, the EGM will have happened and the immediate future of the BCA will have been resolved. Since the last issue was published, prospects are looking more hopeful. Two members have stepped forward to offer assistance and we anticipate that a stronger committee can keep the BCA active.

Community Survey

Over the past two months, the BCA conducted a community survey, asking local people their views on a number of issues. Thank you to everyone who participated, and we're pleased to share some highlights here. For a full breakdown of the results, please visit the website at www.burphamca.org.uk.

Who contributes most to Burpham?



What are the most important issues to you?



www.burphamca.org.uk

To get in touch with the BCA: Contact the secretary on secretary@burphamca.org.uk phone 01483 567791 or visit the website at www.burphamca.org.uk

Community News

Guildford Community Lottery

You may have already heard about the Guildford Community Lottery which has been launched to support local good causes. The BCA will be signing up to raise funds to help us become financially secure and also to give us the opportunity to help Burpham's local charities and good causes.

It is a weekly lottery with a draw every Saturday. Tickets cost £1 (for a month, quarter or year), and prizes range from £25 up to £25,000. If BCA joins

in, each £1 ticket sold through the BCA will provide 50p to BCA, 10p to the Guildford Philanthropy Community Fund, 20p prize money and 20p admin costs to Gatherwell, the company that organises these lotteries.

Selling just 20 tickets per week brings in £500 a year for the BCA. In the face of significant challenges from congestion to house building, it helps fund professional advice or pollution surveys.

For more information, please contact the Secretary or visit www.guildfordlottery.org

Dates for your Diary

19th November

There will be a presentation on the Guildford Time Bank which is about local people helping and supporting each other by sharing skills, offering practical help or personal support. This will be followed by seasonal drinks and nibbles.

15th January 2019

New Year public meeting, with a speaker to be confirmed.

18th March 2019

We hope to hold a hustings prior to the Borough Council elections in May.

Pay your BCA Subs online! You can now pay for your BCA Subscriptions online, through a simple Direct Debit form. Visit our website www.burphamca.org.uk and it only takes a minute!

Help by joining the Burpham Community Association today!

Subscriptions are just £8 per household or £4 per single occupancy to join now in 2018, and help contribute to the BCA fighting to protect our village and community. To join the BCA or renew your subscription, please fill in the form below and return it to Hazel Teal, at 44 Great Oaks Park, Burpham, GU4 7JG. You can pay with your bank: Account Name: Burpham Community Association, Sort Code: 40-22-26, Account Number: 41049194.

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Don't forget that you can pay 2018 & 2019 BCA subscriptions now!

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A new concept of care

by Jennifer Margrave

Have you ever visited Hogeweyk, in the Netherlands? No, nor have I but I've heard about it. Hogeweyk, east of Amsterdam within the town of Weesp, is a gated model village that has been designed specifically as a pioneering care facility for elderly people living with dementia where they can live safe, normal lives.

There is a café, shops, entertainment and special carers who do not disrupt the day-to-day routines of the residents unless they have to.

The experiment that goes back to 2015 has shown that, if someone living with dementia is allowed to carry out daily tasks, at their own time, and with those trained to understand their needs, they can live a much more active and useful life than being isolated inside a family or, as is the case now, ending up in a nursing home where everything is done for them while they deteriorate into a twilight zone.

**"What we saw was the world leader
in this type of care, where people
in varying stages of the illness can
continue to live full lives."**

What is encouraging is that I've discovered that such a village is being planned in the UK – in Canterbury. Plans are being drawn up for the ambitious development, which would sit on 15 acres of land to the south of the city and cater for 250 sufferers of the degenerative disease. The Canterbury project is based on the concept of care in The Netherlands, and will form part of a company's 4,000-home scheme.

Simon Wright, the developer's chief executive, is in talks with bosses at care home provider Avante, who joined him on a trip to see the groundbreaking Dutch facility.

"It was a real eye-opener," he said. "What we saw was the world leader in this type of care, where people in varying stages of the illness can continue to live full lives.

"You would have thought you were in a Costa Coffee because it was so relaxed.

"People were walking about and when I asked "where are the residents with dementia?" I was told they were all around us."

The Canterbury project would include apartments, houses and a care centre for those in the more advanced stages of the disease. It would also have its own cinema, convenience store and cafe, as well as recreational areas like a village square and gardens. Residents would buy or rent their accommodation and pay for their level of care.

So what's not to like? Wouldn't it be wonderful if there was a 'village' like Hogeweyk in every town in the UK?

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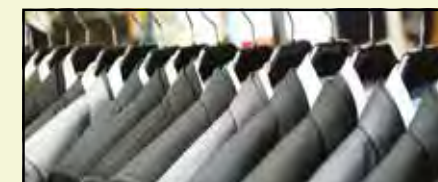
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Scarred for life?

Not necessarily, if you take the
right steps at the right time.

By Alain Michelotti DC FRCC MCSP

Scars, also called adhesions when situated deep in our body, are an inevitable fact of life. They are the results of the body's healing process. The tissue involved in the process of scarring is called the connective tissue. 'Connective' because it connects, supports, binds and separates other tissues or organs.



When we injure ourselves, the repair process has to happen quickly. Because of the emergency of the response, the tissue produced is not of the same quality as the original one. Instead of a good, strong 'patch' of well-aligned fibres, we end up with a lower quality tissue. The poor quality of this new tissue results in poorer functionality. For example, somebody with a poorly healed ankle sprain or a pulled muscle will be more likely to have a recurrence of the same injury.

As living creatures we are very exposed to traumatic events such as sprains and strains, pulled muscles and torn tendons. These injuries will heal with the inevitable scar tissue. In addition, the healing process resulting from any inflammation and infection will also result in the formation of some scar tissue.

Surgery, particularly abdominal and pelvic surgery, is also a cause of internal scarring. The problem is that these 'adhesions' can squeeze organs, diminish the blood flow, trap nerves and reduce or impede the mobility of organs. The end result usually involves discomfort, pain and reduced mobility.

If we imagine our body as a structure delicately balanced between 'elasticity' (skin, muscles, connective tissue) and 'rigidity' (bones), we have a very smart design allowing stress to be distributed equally throughout. The end result is flexibility and stability. As soon as there is scarring or adhesions anywhere in the body, this delicate balance is compromised. This in turn results in us 'cheating' and compensating e.g. if we cannot turn our head, we will turn our body.

When scar tissue forms it often traps other important structures such as small nerve endings and blood vessels. Trapped pain receptors can cause a scar to remain painful long after the injury has healed. This is often the case with coccyx pain (after a fall on the buttocks). During the healing process other receptors may be disturbed by scar tissue and this may prevent the brain from receiving the correct feedback allowing it to control properly how we stand and move.

There are ways to mitigate the damage and to redress the balance. The thing to remember is that although it is important to give an injury time to heal, it is just as important to start the rehabilitation process as early as possible. We are

designed to move and lengthening the period of immobility is not helpful. This is why in the case of a mild whiplash injury, for example, neck collars are only advisable in a very limited number of cases and for as short a period as possible.

Physical therapists can help by monitoring the healing process of an internal wound, skin, muscle, tendon, or a ligament and will progressively introduce soft tissue work (superficial or deep massage) and gentle passive, active and resisted exercises. This will improve the quality of scar tissue and restore functionality by increasing mobility, flexibility and strength.

Scarred for life? Not necessarily, if you take the right steps at the right time.



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Also in November...

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We have several sub groups – Cinema, coffee & chat, knit & natter and two book groups – which are very popular. These groups and events give our members the opportunity

to socialise between our regular meetings. Members also have the opportunity to attend **Surrey Federation of WIs'** events and workshops.

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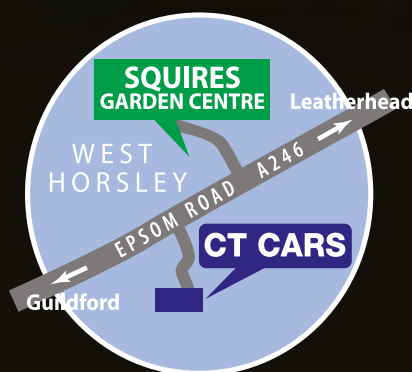
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Burpham Gardening Club News

To join the club or our meetings call John Boon on 01483 874123

Congratulations to all the prize winners at the Autumn Show, especially to the Trophy winners, Morriss Kemp won the Martin Trophy for a single Rose, John Hart won the Newman Trophy for a single Dahlia and John Boon won the Ron Sporle Shield for four Tomatoes.

Well done to Mr. & Mrs A.George, 10 Marlins Close who have won the Deane Cup for the Best Kept Summer Front Garden. The Trading Hut is now closed until March. At our meeting on **November 27th Andrew Halstead will be talking about 'Bumble Bees and Wasps'**, at the end of the meeting the club's trophies will be presented. **There is no Meeting in December.**

Things to do in the garden in November

- 🍷 The planting of Tulips should be completed this month.
- 🍷 Cut down faded Perennials leaving Penstemons and other late perennials to flower on.
- 🍷 If you do not want to risk frost damage to your Dahlias and Cannas by over wintering the in the ground, they should be lifted and stored in a dry frost free place.
- 🍷 An application of mulch should be given to Agapanthus to protect them from extreme cold.
- 🍷 As the days draw in reduce the watering of houseplants.
- 🍷 Amaryllis bulbs should be potted up for Christmas flowering.

- 🍷 Bring potted Hyacinths into a light cool into a light cool area once they begin to shoot.
- 🍷 Half hardy Fuchsias & Pelargonium's should be brought under cover. Cut back Pelargonium's and reduce watering so that they become dormant during Winter months.
- 🍷 Now is a good time to plant Raspberry Canes, Fruit trees and Bushes.
- 🍷 Start the Winter pruning of Apples and Pears.
- 🍷 Aquadulce Broad Beans should be planted this month to produce an early crop ahead of the Black Fly invasion next Spring. Garlic Cloves can still be planted.
- 🍷 Regularly rake leaves off of the lawn.

Things to do in the garden in December.

- 🍷 Regularly water indoor Azaleas with rainwater to prevent the dense root ball drying out.
- 🍷 The most popular plant at this time of the year is the Poinsettia, to keep it at its best it needs to be in a warm light place away from draughts, do not overwater.
- 🍷 Keep all houseplants in a bright

- place as winter light levels fall, do not leave them overnight in the cold between the closed curtains and the window.
- 🍷 Clear the Vegetable plot of left over plant debris from Summer produce and then dig the ground to open up soil so that any bugs and diseases are killed by the winter frost.
- 🍷 Force Rhubarb by covering the crowns with a dark coloured bucket.
- 🍷 Pinch out the tips of sweet peas sown in October to encourage bushy growth.

Keep all houseplants in a bright place as winter light levels fall, do not leave them overnight in the cold between the closed curtains and the window.

- 🍷 Prune Grape Vines before Christmas to avoid bleeding.
- 🍷 In mild weather the lawn should be mown on a high cut.
- 🍷 Keep off of the grass when it is frosty or very wet.
- 🍷 Insulate garden taps and exposed pipework from extreme weather.

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David Elms.....01483 234414

Worplesdon Parish Council

(Jacobs Well).....01483 300094

County Councillor

(Guildford East – Merrow & Burpham)

Graham Ellwood.....07899 846626

Local Associations

Burpham Community Association.....01483 567791

Jacobs Well Residents Association

(Secretary).....01483 577994

(Chair).....01483 822976

Veterinary Surgeons

Stocton Veterinary Centre.....01483 604308

Alder Veterinary Practice.....01483 536036

Chemists

Boots Pharmacy (Merrow).....01483 572421

Lloyds Pharmacy in Sainsburys

(Burpham).....01483 566076

Schools

Burpham Primary School.....01483 572510

George Abbot School.....01483 888000

Doctors

Merrow Park Surgery.....01483 503331

New Inn Surgery.....01483 301091

Hospitals

BMI Mount Alvernia Hospital.....01483 570122

Royal Surrey County Hospital.....01483 571122

Nuffield Health Guildford Hospital.....01483 555800

Churches

Burpham Church (St Luke's & The Church of The Holy Spirit).....01483 825533

Sports Venues

Sutherland Memorial Park.....01483 444718

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Sainsbury's (Burpham).....01483 506767

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