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Includes Burpham Community Association newsletter.

Burpham Pages

January &
February
2024

Incorporating Jacobs Well

Rethinking Resolutions. As a population, most of us are not getting enough exercise and nearly 40% of us are at an unhealthy weight.

Community Update. The BCA update us on the Sutherland Memorial Hall, the joint BCA/BNF public meeting and the state of our local roads.

Kindness: such an ordinary word. Burpham Church discuss 'kindness' and how much of it is around in Burpham from day-to-day.

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Burpham Pages

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Local advertising and news magazine, delivered free to over 3,000 homes. Focussed on the local community and the services available in the general area. Includes Burpham Community Association newsletter.
www.burpham-pages.co.uk

Editorial

Editor **Paul Nicholls**
Contributors **Moira MacQuaide, John Boon, Chris Sciberras, Jane Agg, George Potter**

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for March – April 2024 issue is
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Welcome

Welcome to 2024! I hope that 2023 was a good year for you. As we enter the new year, I wish you a year full of new and exciting opportunities.

As tradition dictates, many people make New Year's resolutions with the hope of sticking to them throughout the year. However, I suspect that most people forget their resolutions before January comes to an end. My advice is to set realistic and achievable resolutions. For those who have ambitious goals, it might be helpful to break them down into smaller, more manageable resolutions.

Sports enthusiasts will be thrilled to know that Paris will host the **2024 Olympic Games** this year. Additionally, the **2024 Winter Youth Olympic Games** will be held in Gangwon, Republic of Korea from January 19th to February 1st. I wonder which events will capture your attention this year. In the Winter YOG, Molly Butler, aged 17 from Guildford, will be competing in Alpine Skiing, while Joshua Seebach, aged 14 from Guildford, will be playing Ice Hockey. In the Olympic Games, Toby Roberts, who used to climb with the Craggy Island Youth Team in Guildford, will be competing in sport climbing.

We're keeping a watchful eye on several planned developments in Burpham

that are potentially set to progress this year. These include **The London Road Active Travel Scheme**, the **Gosden Hill development**, and the **Weyside Urban Village**. Although the plans are currently flawed, we hope they won't have a significant impact on our daily routines or change the face of Burpham as we know it. Fingers crossed!

I hope you have a great start to the year, and that January and February aren't too cold and wet. I look forward to speaking with you again in March.

Paul Nicholls (Editor)

editor@burpham-pages.co.uk

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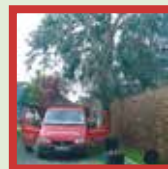
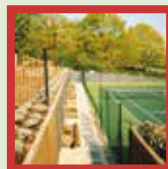
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News + events

January &
February 2024

Local news & events: get involved and tell us more about your news and events organised in Burpham, Jacobs Well and the surrounding areas.

Matrix is a youth charity with a mission to support and uplift young people across Guildford Borough.



Established for nearly 25 years, Matrix helps young people catalyse change by nurturing, inspiring, connecting and empowering them.



What can this support look like? **Matrix** provides projects and opportunities for vulnerable and at-risk youth both in schools through 1-2-1 sessions and in the community through hubs, workshops, work experience, traineeships and their **Youth Café at The Hideaway**. Through these projects

they aim to create safe spaces for young people where they can connect, learn and grow as individuals.



Over the last year Matrix worked with almost 2000 young people in both schools and across the community – supporting them with their mental health and wellbeing through 15



different projects. A Year 10 student expressed about their 1-2-1 sessions: “They do help, it is good to talk about things. I don’t normally get the chance to do that because I’m not really comfortable doing it.” By providing a safe and supportive environment, Matrix helps young people develop the confidence to speak up and seek help when they need it. This, in turn, can lead to improved mental health and overall wellbeing.

Could you help support the young people of Guildford?

Matrix needs volunteers to support their growing projects. As well as an extra pair of hands, volunteers additionally bring different experiences all from different walks of life and different age groups.

There’s a few simple ways to support Matrix with their mission:

- Transition Coaches
- Kitchen Volunteers
- General Youth Work

If you would like to volunteer with Matrix, please get in touch with Josh at volunteering@matrixtrust.com ■

Whilst care has been taken to ensure that the information contained in Burpham Pages is accurate, the publishers take no responsibility for the accuracy of statements made by, nor the opinions of, contributors, and accept no responsibility for any omissions or errors which may occur.

January & February bi-monthly update from local councillors George Potter and Jane Tyson.



Email us at george.potter@guildford.gov.uk or jane.tyson@guildford.gov.uk

Local councillors George Potter and Jane Tyson.

Remembrance Day in Burpham

We were honoured and moved to attend this year's Remembrance Service at St. Luke's Church in Burpham Lane to remember Burpham's war dead. With ongoing conflict and death in Ukraine, Israel-Palestine and elsewhere in the world it feels more important than ever to remember the horrors of war and to do all we can to strive for just and lasting peace. Thank you very much to Burpham Church and all the volunteers for organising and running such a lovely service.

Help with the cost of living this winter

We hope that everyone has been having a relaxing and peaceful holiday season, full of Christmas cheer. But, unfortunately, we also know that for many this time of year can be one of hardship. If you, or anyone you know

in the local area, is struggling with the cost of living this winter then support is available, with details to be found at: guildford.gov.uk/costoflivingsupport

London Road & Burpham Lane

The public consultation on the much-debated proposals for an active travel scheme along London Road has now ended. We have been told that the County Council will be reviewing the consultation responses in January before deciding how/whether to proceed. We continue to support the principle of making walking and cycling safer along the London Road, but as local councillors we will be working to ensure that County authorities listen to the wide range of views expressed and, in particular, properly address any well-founded practical problems with their proposed scheme.

Separately, after lengthy delays, we have been able to secure a new battery for the vehicle activated signage (VAS) on Burpham Lane, where a speed limit review (organised by George Potter as county councillor) is also due to take place in the next few months with a view to potentially reducing the speed limit to 20mph.

Planning update

It has been a busy couple of months when it comes to planning! We were delighted to see such a good turnout at the BCA's update on local planning matters, and we're hoping it will be possible for another to be organised in the spring. In October planning permission was granted for the 471-flat North Street scheme in the town centre. This approval was as a result of amendments to the scheme which included reducing the height by two storeys, increasing the amount of affordable housing in the scheme, and a re-design of the proposed new bus station.

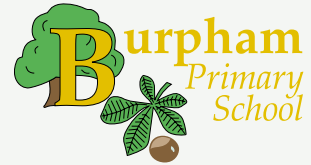
Separately, the Gosden Hill development proposals on the edge of Burpham appear to have slowed down, with Martin Grant Homes recently announcing that their consultation on their plans for the site has been delayed until summer 2024.

Getting Guildford's finances in order

Although Guildford borough council is still struggling with challenging financial pressures, we are pleased to report that, as a result of strict financial controls and a large reduction in planned borrowing, the gap in the council's budget over the next four years has been reduced by more than half to £7.3 million. This budget gap is still challenging, and will require difficult choices to be made, but to have made this much progress so quickly is really encouraging and bodes well for the council's ability to balance its books long-term without needing to cut essential public services. ■

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Burpham Primary School has recently joined the **Learning Partners Multi Academy Trust**. This is an exciting development for the school and we are looking for enthusiastic and committed individuals to join our **Local Governing Body**.



Being a school governor is a fascinating and rewarding voluntary role which offers a great opportunity to contribute to your local community, and to help give our children the best possible start in life. There is a time commitment of approximately six meetings per year, plus visits to the school in between meetings.

Governors come from all walks of life and we encourage diversity within the team. As part of our local team, you need to both support and challenge the school.

Governors need to ask questions to the school to help it investigate how it is performing. You don't need to have worked in education or have any specific qualifications. You just need to be able to work effectively as part of a team, think strategically and be keen to make a positive difference. Are you enthusiastic about education and supporting your community? Do you have some time to commit? If so, you may be just the person we need!

If you would like to find out more this role please contact the school via email office@burpham.surrey.sch.uk or by phone **01483 572510**

You can also find more information at <https://www.learningpartners.org/286/become-a-governor>

Boots Pharmacy in Kingfisher Drive to close



Despite Angela Richardson MP trying to intervene, Boots has decided to go ahead with the planned closure of their Kingfisher Drive pharmacy early in the New Year.

This has left the local residents of Burpham dismayed, especially since they have already lost Lloyds Pharmacy



from within the Clay Lane Sainsbury's. Now, they have to travel even further to collect their prescriptions from already highly busy pharmacies in the Guildford area.

Angela Richardson wrote to Boots' Senior Vice President & Managing Director voicing local patients concerns over the pharmacy closure and asking

him to reconsider. Following this, she had discussions with Boots' Healthcare Development & Public Affairs Director, Head of Public Affairs and Regional Pharmacy Manager to discuss the matter.

Whilst Boots did review the situation they decided to proceed with the closure. We await to see if the Integrated Care Board (ICB) can extend the pharmaceutical contract to another party.

Most patients are being offered to have their nominated NHS pharmacy moved to either of the nearer options being **Boots Pharmacy on Epsom Road** or **Boots Pharmacy on Stoughton Road**. If these options are not suitable, there are slightly further options within 2 miles of Burpham, which include **Villages Medical Centre on Send Barns Lane** and **St. Luke's Surgery on Warren Road**. Beyond that, there are the town centre pharmacies.

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Burpham Church



We would love you to join us at one of the activities or services at Burpham Church.

More details on our website
www.burphamchurch.org.uk

10.00am Sunday 7th January

Christmas Service

Join us to celebrate the Christmas season with a communion service a variety of hymns & contemporary music.

11.00am Sunday 7th January

Coffee Time

Each week we have coffee between services – join us for a cuppa and socialise before or after church.

10.00am Tuesdays

Tuesday Prayers & Coffee

Join us for 1/2 hour of prayer with coffee & chat

10.30am Thursdays

Drop In

Meets every Thursday from 10.30am at Church Of The Holy Spirit on New Inn Lane. Share your tea and coffee with friends.

9.30am Fridays

Caterpillar Café

A parent/carer toddler group for under 5s. Refreshments available, bring a lidded cup.

Set up 9.00am or turn up at 9.30am for a £2 donation.

9.15am Sundays

Communion Service

A friendly Common Worship Communion Service, generally with hymns. All Welcome.

10.15am Sundays

Coffee Time

Each week we have coffee between services – join us for a cuppa and socialise before or after church.

10.45am Sundays (alternate weekends)

Contemporary Service with Sunday Club

An informal service with band led worship, catering for all ages and stages. All very welcome. This service normally lasts 60-75 minutes.

10.45am Sundays (alternate weekends)

Holy Communion Service with children's groups in church

An informal service with band led worship, catering for all ages and stages. All very welcome. This service normally lasts 60-75 minutes.

Friday 2nd February 2024

Home-Start Together Ball

Join us at **G Live**, Guildford to celebrate the **Together Ball**, raising funds to give children the best possible start in life. A sparkling reception, 3 course dinner, auction and raffle plus live entertainment. Tables of 10-12 are available, £110 per person.

Home-Start Guildford is a small, independent local charity supporting vulnerable families who are dealing with issues such as disability, sickness, mental health, domestic abuse and bereavement.

We are holding a ball to raise the critical funds required to support their work. Please join us for a spectacular evening where we come together as a community to make a meaningful difference in the lives of families and

children in need.

If you can't attend you can still support the cause by purchasing raffle tickets, bidding in the auction, donating a prize to the raffle/auction, or simply by making a donation – this can all be done via www.togetherball.com

Winter Lectures 2024

These one-hour Winter Lectures are given by local residents for local residents and take place at **8.00pm** at the **Village Hall** on **Burpham Lane**. Here's a run down of the lectures for **January & February 2024**.

Friday 12th January 2024

What Happens to Waste After it Leaves Our Bins?

Graham Fox enlightens us about the way we deal with rubbish.

Friday 19th January 2024

The Hidden History of Nursery Rhymes

Hidden secrets, sex and violence, Henry Spyvee explores what nursery rhymes really mean.

Friday 26th January 2024

The Sorry Story of the Clandon House Fire

A guide from the historic house explores its history and the consequences of the great fire in 2015.

Friday 2nd February 2024

Sun, Sport and Sights on the Way

Andy Clapham recounts his experiences, both sporting and cultural, following rugby around the globe. ■

Do you have any events happening in and around Burpham & Jacobs Well that you would like added in the next issue?

Our next issue of Burpham Pages will cover March & April 2024. If you would like your event, happening during this period, added to our 'News & events' or 'What's on this month' sections please e-mail the details to editor@burpham-pages.co.uk before **5th February**.

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Rethinking Resolutions

Chris Sciberras, Founder and Head Coach, Melita Fitness

Here we go again. It's the season for New Year resolutions and love them or hate them, many will be looking for ways to improve health or lose additional weight gained over the holidays. Often the starting point for many is to join a gym and resolve to go there 2, 3, 4 times a week. Or to go on a diet and cut out carbs, alcohol, sugar, whatever.

But why we do it, year after year?

Because inevitably, we are failing.

As a population, most of us are not getting enough exercise and nearly 40% of us are at an unhealthy weight.

And yet come January 1, we will make the same set of resolutions and expect a different result.

It's perfectly natural to use January as a time for reflection and goal setting. But if you're looking to improve your health and fitness, I'd urge you to start from a place of acceptance and self-love. Losing weight doesn't require drastic diets or excessive restrictions. Getting fitter doesn't require extreme or unsustainable workout routines.

So instead of doing what you've always done, how about an alternative approach:

- Find a way to move your body that works for you! It might be dance or swimming. If you enjoy it, you're more likely to stick to it.
- Carve out a time for yourself. We spend so much time running after our kids, family or bosses. But how much actual time do you spend doing 'you'? Small pockets of self-care are so important for our overall wellness.
- Instead of focussing on all the things that you need to strip out of your diet, focus on adding good things in. Like plenty of vegetables, good sources of protein and a range of tasty flavours.
- Practice gratitude for yourself and your body. Instead of focusing on what you perceive to be 'wrong', focus on appreciating your body. Have fun with it, take care of it and feel appreciation for all the wonderful things it enables you to do.
- Find a supportive community. It's so much easier to work out when you've got a great group of people around you. We run a fantastic women's group training that makes exercise fun! Plus, knowing you'll have support and motivation around you will help you through the rest of the winter. You can get started with a free trial week: www.melitafitness.co.uk/freetrial



STILL THINKING ABOUT JOINING MELITA FITNESS?

For some of us it's all about the squats and lunges. (OK, that's mostly just me!)

For most it's about the community, the sense of being in it together, the friendships, the positive and supportive atmosphere. And the knowledge that we're doing something so beneficial for our health and wellbeing...

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Stay for the community...



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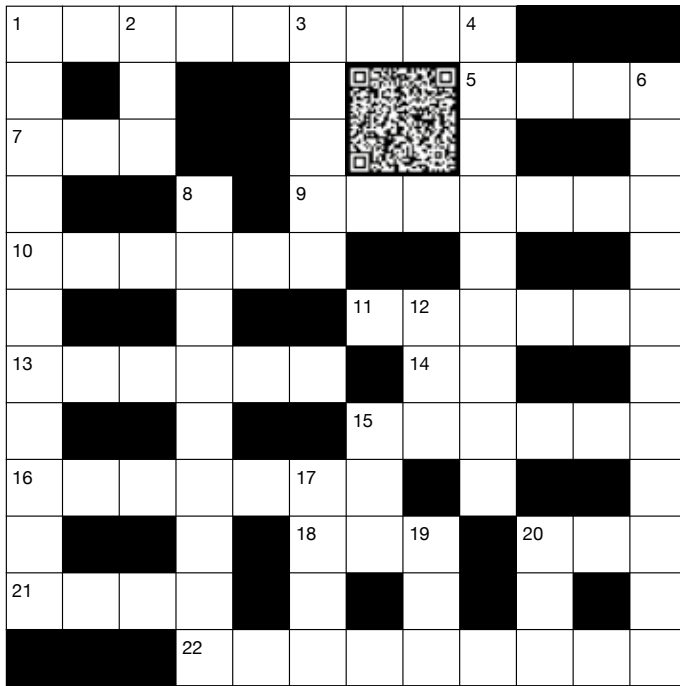
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Across

- 1 Small folding chairs on wheels that a baby or small child sits in and is pushed around (9)
- 5 Large saltwater fish eaten as food (4)
- 7 Clear, strong alcoholic drink flavoured with juniper berries (3)
- 9 Short road leading from a large road onto a smaller one (7)
- 10 Preliminary assessment to determine the urgency and nature of treatment (6)
- 11 Hard mineralised surface of teeth (6)
- 13 Inclined (6)
- 14 Word used to join alternatives (2)
- 15 Female name meaning 'warrior' or 'protector' (6)
- 16 Extremely happy, peaceful or picturesque (7)
- 18 Mammal's hidden home (3)
- 20 University [*informal*] (3)
- 21 Sinbad sailed seven of them (4)
- 22 Deliverance from sin (9)

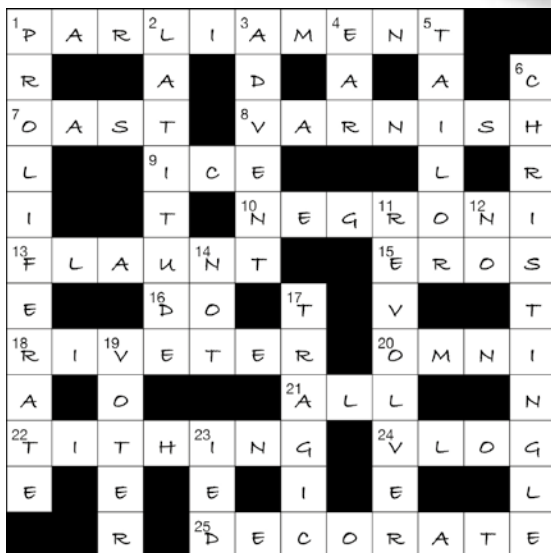
Down

- 1 Ninth sign of the zodiac (11)
- 2 Faster than a walk (3)
- 3 Espresso with milk (5)
- 4 Principles of propriety, honesty, and integrity (9)
- 6 Closely connected to an organisation (11)
- 8 Irreproachable (9)
- 12 Used to add the meaning 'not' or 'the opposite of' to adjectives and nouns (3)
- 15 Expert or master of (3)
- 17 Person regarded with blind admiration, adoration or devotion (4)
- 19 Acronym for US government's cybersecurity service (3)
- 20 Type of machine gun brand (3)

Solution to Crossword No. 32

Burpham Pages issue No. 107
November & December 2023

The solution to each crossword will be published in the following issue of Burpham Pages as well as on our website www.burpham-pages.co.uk
For the January – February 2024 solution please see our March – April 2024 issue.






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Welcome to the **Burpham Community Association**

Community Update

January & February 2024 – We wish you all a very Happy New Year!

Sutherland Memorial Hall



Sutherland Memorial Hall within Sutherland Memorial Park, Burpham.

The BCA, along with other local groups (known collectively as the Burpham Community Hub) has been working hard to get the Hall back in use for all of the community.

The first task was to get registered as a charity and we are very pleased to announce that this was achieved last November. Now the less good news. At the beginning of this process GBC were asked to confirm that they could issue two leases on the same premises – ours as well as the existing lease to the nursery. We were told

this would be fine. GBC now say this information was wrong and it cannot be done. Instead they will change the nursery lease to a licence – this may take some time – and the Community Hub will be granted a lease. This will allow both organisations to share the Hall and make optimum use of it for the community.

The Running River

This is the Running River which flows from Stoke Lock to Sutton Place. The planners of Weyside Urban Village describe it variously as “an unlicensed drain” and “an open sewer.”



Well, it may look pretty foul these days but it has a noble history which begins in Sutton Place.

The manor was granted to Sir Richard Weston by Henry VIII in 1521. His great great grandson was also Sir Richard Weston, born in 1591. He spent some time in the Netherlands where he became interested in inland navigation and how locks work. This gave him the idea of using locks to make the River Wey navigable



BCA on Facebook & Twitter!

Join the conversation! Open to members and non-members, it's a great way to stay up-to-date with everything that's happening in our community.

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Guildford Community Lottery

A way for everyone to support local causes and be in with a chance to win prizes of up to £25,000. **50% of all tickets sold from our page go to the BCA!**

Tickets only cost £1 per week, buy now at www.guildfordlottery.org/support/burpham-community-association

To get in touch with the BCA contact the committee on secretary@burphamca.org.uk phone **07513 366072** or visit the website at www.burphamca.org.uk

We represent the community of Burpham, Guildford

from Weybridge to Guildford. As a Catholic and Royalist, his property was sequestered during the Civil War and he went into exile. He was able to return to England during the 1640s and instigated a bill in parliament to authorise construction of the Wey navigation – a massive undertaking finally completed in 1653.

Sir Richard was also responsible for creating the Running River, using the techniques he had discovered – water meadows kept the ground warm in winter and the river irrigated fields between Stoke Lock and the north side of Sutton Place in the summer. He also made many agricultural improvements including this irrigation scheme and crop rotation.

Maps of the early 1960s show the course of the Running River but the Slyfield dump and the industrial estate destroyed the centre section. The land is currently owned by GBC and Thames Water who are involved in the Weyside Urban Village project. We have been told that the Running River will be integrated into the Village as an historical asset.

Our thanks go to Jim Allen who has worked hard on behalf of the BCA and Burpham Neighbourhood Forum to help preserve Sir Richard Weston's incredible legacy.

Joint BCA/BNF Public Meeting

November 2nd 2023

There is so much going on at the moment it is difficult to keep track of what is happening. This joint meeting was held to inform residents about major projects which will affect our Ward in the near future.

It was well attended with over 80 people in the audience.

The topics covered were:

- Weyside Urban Village by Christian Holliday
- The London Road Active Travel Service by Andy Clapham
- The Gosden Hill development by Sue Hackman
- The relocation of the Sewage Treatment Works by Jim Allen

We would like to thank all the speakers.

All the topics generated a lot of interest and in some cases provoked lively discussion. The meeting was judged to be a success and we propose to hold similar meetings in the future.

...and on the subject of roads

The BNF recently conducted a survey of roads in Burpham. The main roads were tolerable but the side roads and pavements are often in poor condition.

One part of London Road pavement floods in wet weather, forcing mums with pushchairs into the road.

Other stretches are uneven, a hazard for all but especially for the elderly or disabled. We are asking you to take a look at your own road and pavements and get back to us with a review – pictures of dangerous damage would be great. Please email to secretary@burphamca.org.uk

Help by joining the Burpham Community Association today!

NB We never share your data or use it for any purpose other than informing you of BCA activities.

Subscriptions are £8 per household or £4 per single occupancy and run from January to December. Join now or renew your membership for 2023.

You can pay by:

Direct Debit – visit our website at www.burphamca.org.uk which has a link to this system – an email to treasurer@burphamca.org.uk giving your details would be helpful.

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Sort Code: 40-22-26.

Account Number: 41049194

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Please contact Liz Turner, our Membership Secretary, if you have any queries. Her email address is membership@burphamca.org.uk



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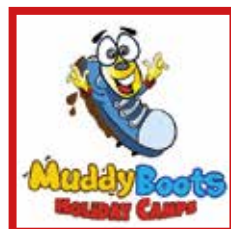


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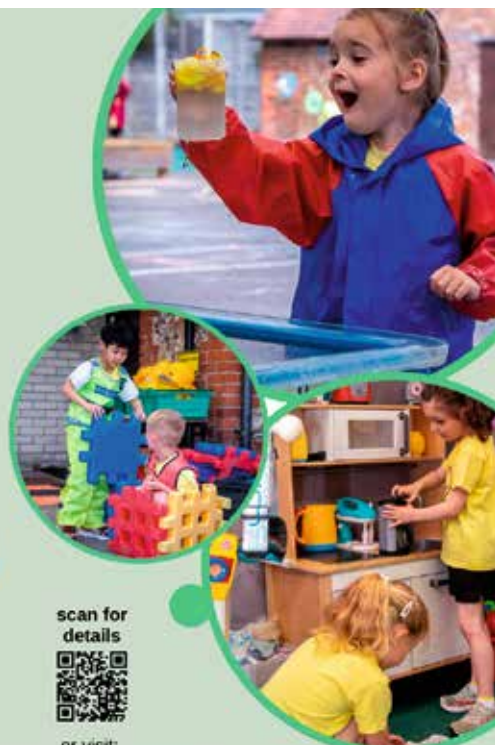
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tinyurl.com/MerrowOpenDay



Guildford Fruit Farm, Burpham & Hugh Lancelot Robson

Moira MacQuaide's history of Burpham

If you're trying to find Guildford Fruit Farm nowadays, you're more likely to come across either Manor Fruit Farm in Normandy or Nuthill Fruit Farm in Send. These two venues are pick-your-own farms or farm shops where you can buy or pick the fruit you want. However, in the early 20th century, Burpham had its own fruit farm called Guildford Fruit Farm.

LOGANBERRIES.—The new and popular Fruit, ideal for bottling or jam. Special offer from the growers: 12lbs., 5s.; 24lbs., 9s 6d. Carriage paid on 24lbs. and over.—Guildford Fruit Farm, Guildford.

Advert in the West Surrey Times in 1915.

Winter Hill Coppice was a woodland area shown on maps in the 19th century, but before World War One, the rest of the farm was mainly arable land, most likely used for wheat cultivation. The orchard was developed on the southwestern part of **Winterhill Farm**, where **Orchard Road** is now.

Hugh Lancelot Robson owned the orchard from 1911 to 1924. According to newspaper adverts, apples, plums, and loganberries were grown and sold, along with probably many other fruits. Hugh lived in **Orchard Cottage**, which was situated between the **brickfield** and **London Road**, along **New Inn Lane**. This land was acquired in 1958 to provide housing for a Catholic priest in Burpham. Hugh was born in 1882 in Guildford, and his father was a Clerk in Holy Orders. He was always interested

in horticulture and was a student at Wisley. He was also very involved in animal welfare. Hugh managed the fruit farm and had a foreman, Norman Arthur Phillips, who is better known as one of the names on the **Burpham War Memorial**. Norman joined the Royal Flying Corps in 1916 and was the only officer among the Burpham fallen and the only one not in the army.

After 1924, the fruit farm seems to have vanished from the records, although Winterhill Farm continued as a working farm until 1934, when the first adverts for housing on the Winterhill estate appeared. Hugh lived in **Echo Pit Road** from 1932 onwards, and in later years he became a trustee of the local **Poyle Charity**. He died in 1953 at St Thomas' Hospital in Hambledon, presumably from tuberculosis.



Guildford Fruit Farm 1914.



Winterhill Development 1934.

If you are willing to share your memories and photos to tell us more about Burpham then please contact Moira MacQuaide, either by e-mail (moira.macquaide@gmail.com) or by phone or text (**07963 756543**). My book, **Burpham – A Gateway to Guildford** is still available from me for £10 (free delivery locally) or on Amazon, but the **History of Burpham Primary School 1908-2014** is now out of print (available to borrow at Guildford Library).



Brickfields

A **brickfield** is an open area where bricks are made. Usually, the owner of the land leases it to a brickmaster, who then conducts the manufacture of bricks.

In the past, the topsoil was removed, and the clay underneath was mixed with chalk and ash to create bricks.

As a result, **Brickfield** or **Brickfields** became a common name for places in southeast England.

In the late 1800s, brick-making became a small industry in **Burpham** using the clay found locally. Brickfields were established in various locations, including **New Inn Farm** along **New Inn Lane** and **Winterhill Farm**. Another brickfield was located in **Slyfield**, just a short distance away across the river.

Guildford Poyle Charities

Guildford Poyle Charities was established nearly 400 years ago by Henry Smith (b. Wandsworth 1549) who left money in his will to help vulnerable people in need or distress in Guildford upon his death in 1628. His legacy was invested wisely in property in the town known as the **Poyle Estate** which today is the **Old Town Mill** and **Pewley** areas of the town. Since then it has sold most of this land.

Over the years, the charity has amalgamated with a number of smaller charities with aims similar to its own. Some of these charities date back to the 17th Century. This includes the Will of John How who bequeathed £400 upon his death circa 1676 and a later bequest left by John Parsons on his death in 1703. Annually the Charity conducts the 'Dicing Money Ceremony' in keeping with the Wills of these two men. The ceremony which has been taking place in Guildford for over 300 years involves two dice being thrown and the loser 'wins' a slightly higher sum of money.

The Charity's first formal constitution was published on 27 June 1879 when a Scheme was registered with the Charity Commission, a fledgling body which had been established 26 years previously. A number of revised editions of this Scheme ensued over the next 130 years although the format of the Scheme remained much the same. In

2011 the charity completely revised its constitution and objects to bring them up-to-date with modern thinking. However, its work and those it helps have not changed in essence and it still stays true to its ancient purpose of helping the most vulnerable in Guildford.

The Charity remains committed to its original ideals and today distributes around 250 grants annually to help people in need with items they would not otherwise be able to afford. The Charity also gives grants to organisations working with such people in Guildford.

Guildford Poyle Charities welcomes donations at any time so that they can help more people in Guildford. Please either send a cheque to the address below or get in touch with the office by e-mail or telephone for more information on how you can help.

Guildford Poyle Charities
www.guildfordpoylecharities.org

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admin@guildfordpoylecharities.org

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Many of you will have got together with family to celebrate Christmas, to spend time with loved ones who you don't get to see as much as you would like.

When we haven't seen each other for a while changes and differences become more apparent. Perhaps you noticed that your mum or dad could now do with a bit of extra support to live safely, happily, and confidently in their own home.

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Kindness: such an ordinary word.

Jane Agg, Churchwarden

Happy New Year. May 2024 be a peaceful year for you and those you love.

One of the phrases that stays with me is 'Jesus help me to give myself away to others being kind to everyone I meet.'



Now that the fun and excitement of Christmas and New Year is over, life can feel a bit ordinary and even dull. We are back into the same routines with the next break a long way off. Each day I, and many Christians all over the world listen to a short reflection on an app called **Lectio365**.

While the theme and the verses from the Bible vary at the end of every weekday, they use the same prayer for the day ahead. One of the phrases that stays with me is 'Jesus help me to give myself away to others being kind to everyone I meet.' It's the use of the word kind that makes me think.

As a teacher I have told many children to be kind to each other, it can seem a rather ordinary, bland phrase that just means 'be nice'. As I've thought about it, I've realised that it is much deeper than that, at its heart kindness is about noticing someone. Noticing others as an individual not just part of a crowd. Noticing someone and responding to them often in ordinary ways. Noticing the person who walks their dog on the same route as you each day and giving them a smile, noticing the driver who has been waiting a long time to turn into a line of traffic on the London Road and letting them in front of us. Kindness is an ordinary word but receiving kindness can make a dull January day brighter.

I wonder who you could show kindness to today?

I wonder who will show kindness to you?

We would love you to join us at one of the activities or services at Burpham Church. There are opportunities to meet some local people at **Drop In** on a Thursday morning for older residents and our **Caterpillar Café** toddler group on a Friday morning for under 5's.

More details on our website www.burphamchurch.org.uk

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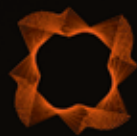


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Burpham Gardening Hints & Tips

January & February

I wish you all a successful year in your garden in 2024. John Boon.

Things to do in the garden in January.

- 🌱 If you cannot garden because the soil is rain sodden or frosted you can use your time by studying plant catalogues which have arrived in the post on a regular basis.

...remember that this year's novelty seeds are likely to be next year's ordinary seeds.

The same advice applies as when ordering spring/early summer flowering plants, the larger the plants you buy the better they will be when planted out in May. If you only need a few plants it would probably be better to visit a local nursery such as **Elm Nursery** at Sutton Green in May where you can select your plants first hand. New seed varieties which are usually F1 Hybrids are expensive to buy and often difficult to germinate, so look on the back of the packet to see how many seeds you are buying for your money, remember that this year's novelty seeds are likely will be next year's ordinary seeds.

- 🌱 Whilst the fruit buds are still dormant Apple and Pear trees can be pruned, cut out any congested growth to increase airflow which will improve the quality of next seasons fruit, cut back to a fruit bud which is large and rounded on older growth, one year old shoots should be pruned back to a slender bud.

Things to do in the garden in February.

- 🌱 Plunge shrivelled Dahlia tubers into a bucket of tepid water overnight, having removed any rotten tubers, they can then be started into growth to provide cuttings for new plants, place the tubers in a seed tray or pot and lightly cover with damp soil.
- 🌱 Slow germinating annuals such as Antirrhinum and Lobelia should be sown indoors.
- 🌱 Prune Summer flowering deciduous shrubs such as Buddleia which flower on the current year's growth. Cut back Summer and Autumn flowering Clematis to the lowest pair of strong buds.

- 🌱 Sow Sweet Peas and pot on those sown in the Autumn.
- 🌱 When it is mild Broad Beans, Carrots and Parsnips can be sown under cloches.

When it is mild Broad Beans, Carrots and Parsnips can be sown under cloches.

- 🌱 Sow Greenhouse Tomatoes, Cucumbers and Peppers at 21°C.
- 🌱 Seed Potatoes should be placed on their ends in a light, cool, frost free place to sprout.



Useful numbers

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Call 101 for local police team

Village Halls

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Jacobs Well Village Hall 07482 632144

Burpham Village Hall 01483 567948

Local Councils & Councillors

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George Potter 07411 005115

Jane Tyson 07768 392686

Borough Councillor

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Bilal Akhtar 07899 960516

Honor Brooker 07912 044546

Philip Brooker 07912 044546

Worplesdon Parish Council

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George Potter 07411 005115

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