Local advertising and news magazine, delivered free to over 3,000 homes. Includes Burpham Community Association newsletter.

Burpham Pages

November & December 2024

Incorporating Jacobs Well

Guildford Borough Council Acts of Remembrance for 2024. Two civic events to mark Remembrance in the Guildford Borough. Local councillors George Potter and Jane Tyson write their regular update. Including Gosden Hill development and wildflower planting. Burpham resident completes Ireland end-to-end walk. Mark Saunders completes challenge and raises money for dementia charities.

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Following the path of life.

Reverend James Hanson explores life's many twists and turns, reflecting on the paths we follow and asks "what are you hoping for this Christmas?"





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Burpham Pages

Issue No. 113 November & December 2024

Burpham Pages

Incorporating Jacobs Well Local advertising and news magazine, delivered free to over 3,000 homes. Focussed on the local community and the services available in the general area. Includes **Burpham Community** Association newsletter. www.burpham-pages.co.uk

Editorial

Editor Paul Nicholls Contributors Moira MacQuaide, Sophia Wyatt, Jane Tyson, George Potter, Mark Saunders, Rev. James Hanson, Tim Bonnert

Production

Original design Generator Creative Consultants Printed by Kingsley Print



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for January – February 2025 issue is **2nd December 2024.**

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Welcome

Dear Neighbours, welcome to the November and December issue of Burpham Pages! The festive season is almost upon us, and there's so much happening in the lead-up to Christmas.

This month, we've got plenty to share with you. **Guildford Borough Council** informs us about the **Acts of Remembrance** planned for 2024, so we can honour those who have served. Our local councillors also provide an update on how they're working hard to manage and improve our local area as we approach the end of the year.

In our What's On pages, you'll find lots of festive events to enjoy throughout the season. Be sure to check out even more events online at burpham-pages.co.uk/ whats-on-directory/.

The Burpham Community Association

keeps us informed about everything happening towards the close of 2024, while **The Therapy Garden** is calling for volunteers to help them continue supporting those in need.

This month, **Sophia Wyatt** reflects on why Santa's cheeks are always so rosy, and Moira takes us back in time with stories of extra-curricular teaching in Burpham. **Mark Saunders** also shares an update on his inspiring walk across Ireland, and Reverend James Hanson from **Burpham Church** discusses the unexpected twists life can bring.

For gardening enthusiasts, The **Worplesdon Garden Club** brings you helpful hints and tips to keep your green spaces thriving as winter approaches.

As we celebrate **Halloween**, **Bonfire Night**, and the start of **Christmas**, we wish you all the best for this joyful time of year. We look forward to reconnecting in the New Year with our January and February issue in 2025!

Paul Nicholls (Editor)

editor@burpham-pages.co.uk

Contents

- 5 News & events
- 8 What's on this month
- 12 Burpham Pages crossword
- 16 Community Update BCA
- 20 Santa's rosy complexion
- 22 Extra-curricular teaching in Burpham
- 24 Ireland end-to-end
- 26 Following the path of life
- 28 Gardening hints & tips
- 30 Useful numbers



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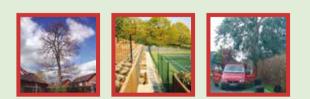
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News + events

Local news & events: get involved and tell us more about your news and events organised in Burpham, Jacobs Well and the surrounding areas.

Guildford Borough Council Acts of Remembrance for 2024



Remembrance Sunday in the Castle grounds 2023.

This year Guildford Borough Council be holding two civic events to mark Remembrance in the Guildford Borough.

Remembrance Sunday

The Borough Service of Remembrance will take place on **Sunday 10**

November. The service will start at 9.45am at Holy Trinity church. All are welcome to attend. Shortly before the service Deputy Lieutenant Col (Retd) Patrick Crowley MA MBE and the Mayor of Guildford, Cllr Sallie Barker MBE, will lay flowers under the VC stones in Tunsgate.

After the church service, the parade will form at about **10.30am** on Guildford High Street. Veterans, cadets, the Mayor, councillors, and other dignitaries will take part.

Led by the Friary Brass Band the parade will make its way to the castle grounds for the two-minute silence.

We will mark the two-minute silence at

11am with the sounding of the Last Post. Wreaths will be laid at the War Memorials.

Armistice Day

On **Monday 11 November** a short ceremony will take place on the balcony of the Guildhall in the High Street. This will include:

- Welcome by Canon Simon Butler as we prepare for the two-minute silence
- Sounding of the Last Post by Richard Straker from the Friary Brass Band
- The two-minute silence at 11 am for The Mayor, Cllr Sallie Barker MBE, the balcony party, and members of the public in the High Street
- Playing of the 'Reveille'
- Reading of The Kohima Epitaph
- Close of the ceremony

People are welcome to join any of the acts of Remembrance taking place in

Guildford or their local towns and villages.

Armed Forces Champion, **Cllr Stephen Hives** said: "This year we commemorated the 80th anniversary of D-Day. A day when thousands of soldiers landed in Normandy, resulting in many casualties and lives lost.

"Our acts of remembrance are an expression of gratitude to all those who have sadly lost their lives serving in our Armed Forces. It also allows time to think of those serving today and still putting their lives in danger in service for our country."

Leader of the Council, **ClIr Julia McShane** added: "Remembrance Sunday offers an opportunity to come together as a community and to honour the sacrifice that our Armed Forces have made over decades.

"We also remember the families of those who have served and are still serving, the emergency services and those who have lost their lives because of conflict or terrorism. We can never repay the men and women who sacrificed so much for the freedoms we enjoy today."

Poppy Appeal

Volunteer Poppy Appeal collectors will be in Guildford until **11 November 2024**. Please donate generously to support serving and ex-serving men and women, and their families. On **Friday 8** and **Saturday 9 November**, The Mayor of Guildford and others from our council will be collecting around the town.

Donations for the Poppy Appeal can also be made online at www. britishlegion.org.uk/get-involved/ poppy-appeal

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November & December 2024

News + Events



Local councillor Jane Tyson with Sue Hackman chair of the BCA (above) and Ross Packman from the Surrey Wildlife Trust (right).

November & December update from local councillors George Potter and Jane Tyson.

Local councillors **George Potter** and **Jane Tyson** write their regular update for Burpham residents:

Gosden Hill Development

A planning application to develop the land behind Merrow Lane, which was allocated in the Local Plan for 1,800 homes, is expected in January next year. In the next month the developer, Martin Grant Homes, will be carrying out a pre-application consultation with residents, including drop-in sessions, a webinar and a website where local people can find out more details. As always, our chief issue of concern is the potential traffic, education and healthcare strain a badly designed scheme could create for Burpham, so we would encourage everyone to find out about the proposals and give feedback to the developers.

We don't have the exact dates at time of writing but you should be able to find more details from either the Burpham Community Association or from the Gosden Hill website: gosdenhill.co.uk

New way to report issues to Surrey County Council

After many years of unsatisfactory experiences for residents trying to report issues to Surrey County Council Highways, ranging from flooding to road and streetlight issues, a new website has been launched to make it easier to report issues and get them fixed. Now you can simply select the location of the issue on a map online and provide details in order to receive a quick response. So far the website seems to be resulting in issues being fixed much more quickly than under the old system, so please give it a try by visiting: tellus.surreycc.gov.uk

Wildflower planting

Recently Jane rolled up her sleeves to join Surrey Wildlife Trust and Burpham Community Association to liven up the corner of New Inn Lane and London Road by clearing and planting wildflower seeds in the neglected

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flowerbed around Thrifty forecourt as part of our vision to improve wildlife habitat in Burpham. It'll take two years for all the seeds to grow and flower, and this will be just the first wildflower bed in the area; the Burpham Community Association are looking for suggestions of suitable spaces to create more wildflower beds for our whole community to enjoy.

London Road crossing at Winterhill Way

After years of waiting and lobbying (by both residents and ourselves) we are very pleased to announce that a signal controlled pedestrian crossing across London Road, near Winterhill Way, is due to start being installed at the end of October and should be finished by mid-November. This should be a major safety improvement for pedestrians, especially for families with young children, and is taking place alongside the upcoming consultation on lower speed limits on some main roads in Burpham (see past issue).

A planning application to develop the land behind Merrow Lane, which was allocated in the Local Plan for 1,800 homes, is expected in January next year. In the next month the developer, Martin Grant Homes, will be carrying out a pre-application consultation with residents, including drop-in sessions, a webinar and a website where local people can find out more details.

Separately, a final decision is due on the London Road active travel scheme proposals through Burpham (no longer including lengthy closures of London Road during construction) at the end of October, after this issue goes to print.

George Abbot underpass to be resurfaced

The footpath and underpass between George Abbot school and Merrow is now due to be completely resurfaced in the next financial year (2025/26) after George managed to get it included in next year's local highways budget. It is hoped that lighting improvements will also be able to be funded in future years.

Drop in to see us!

We are continuing to hold our monthly drop-ins from **10am to 11.30am** on the first Saturday of every month at **M & R Barber + Brew** at the Kingspost shopping parade. If you've got anything you would like to talk to us about, or would just like a chat over a tea or coffee (we're buying!), please pop in to see us.

Gosden Hill 🔐

PUBLIC CONSULTATION 10 OCTOBER TO 7 NOVEMBER 2024

Martin Grant Homes invites you to take part in a public consultation on our proposals to deliver much needed quality homes, as well as local shops, schools, employment opportunities and a variety of new open spaces at Gosden Hill.

HAVE YOUR SAY

We welcome your views and feedback to help us develop the project's design.

You can provide your feedback, and find out more about our events, online at **www.gosdenhill.co.uk**, by email or by post.

YOU CAN CONTACT THE GOSDEN HILL TEAM BY:

PHONE: 0800 915 2495 (open Monday – Friday 9am – 5pm) EMAIL: info@gosdenhill.co.uk

om)

POST: Freepost RRKG-AZTG-JLJX, Gosden Hill Team (Camargue), Eagle Tower, Montpellier Drive, Cheltenham, GL50 1TA

DEADLINE FOR FEEDBACK: THURS 7 NOV 2024



What's on this month

Burpham Evening WI Events for November & December:



Meetings are held at Burpham Village Hall and start at 7.30pm, you are

entitled to attend up to 3 meetings without joining the WI, we also hold extra events each month ie. walks, coffee & chat, theatre trips, visits to local places of interest, craft activities etc.

Tuesday 19th November

Annual Meeting

Our Annual Meeting, we will also be using decoupage to turn empty bottles into pretty bottles with lights.

Tuesday 17th December

Music from In Accord

A ladies acapella music group.

Further information: www.burphamevewi.co.uk 🚱 @burpham.eveningwi

Saturday 30th November

Jacobs Well Christmas Craft Fair





The Jacobs Well Christmas Craft Fair is on Saturday 30th November this year, 11.00am to 3.00pm at the Jacobs Well Village

Hall. There'll be refreshments available to purchase, free parking and free entrance to the hall. Contact Zoe at JWCraftFair@gmail.com with any

enquiries and follow us on Facebook for more updates: www.facebook. com/iacobswellchristmasfair

Services at **Burpham Church** this Christmas

Held at the Church of the Holv Spirit unless otherwise stated.

Sunday 1st December

Christmas Church Together 10am
Lego Advent Church

Sunday 8th December

Christmas Church Together 10am

Sunday 15th December

Christmas Church Toge	ether10am
Candlelit Carols	6.30pm
St. Lukes Church	

Sunday 22nd December

Christmas Church Together 10am Community Carols 4.30pm

Tuesday 24th December

Candlelit Midnight Mass....... 11.30pm St. Lukes Church

Christingle 4.3	0pm
-----------------	-----

Wednesday 25th December

Christmas Day Celebration 10am

Thursday 27th December Midweek Communion 10am

Sundav 29th December Christmas Church Together 10am

Sunday 1st December

George Abbot School **Christmas Fair**



Christmas is coming!! This year's fair will be held in Raynham Hall on Sunday 1

December 12-3pm; please put the date in your diaries.

We are very lucky to have the sponsorship of Seymours Estate Agents for this event, so you will see their boards appearing in the weeks preceding the fair.

So get your Christmas jumpers out. and come along to the fair! There will be hot drinks including mulled wine, and hot food, as well as second-hand uniform, the tombola, raffle and a host of craft and gift stalls to buy your presents from.

There is a whole school mufti day on Friday 29th November in exchange for tombola donations (bottles and chocolates much appreciated, please!).

Please get in touch:

- If you are able to help out collecting donations on the Friday morning, or at any point on Sunday from 8am.
- If you or anyone you know would like a stall at the fair.
- If you work for a company that offers fund matching, as this is free money for the school!

E-mail Kristi about volunteering, stalls, fund matching or anything else to do with the Christmas Fair georgeabbotpta2022@gmail.com

Thursday 12th December

The Mistletoe Ball



Charity fundraising Ball with The Mayor of Guildford and Guildford Philanthropy.

7pm to 1am at GLive, London Road,

Guildford, GU1 2AA Get ahead of the game and gather some friends together for a night that's sure to get you in the Christmas spirit,

whilst raising funds for local charities!

Standard Tickets £85.00pp

Ticket sales and sponsor support cover event costs, ensuring all donations go to the charities. Your ticket includes a

Do you have any events happening in and around Burpham & Jacobs Well that you would like added in the next issue? Our next issue of Burpham Pages will cover January & February 2024. If you would like your event, happening during this period, added to our 'News & events' or 'What's on this month' sections please e-mail the details to editor@burpham-pages.co.uk before 2nd December.

8



What's on this month

sparkling wine reception, a 3-course meal, and live band entertainment.

By purchasing a ticket to **The Mistletoe Ball**, you'll support local causes. Additional donations help reach the target and fund organisations aiding our community.

Charities and their projects who will be benefitting:

Canterbury Care Centre – £5,000

A Guildford drop-in centre supporting lonely or anxious people seeks funding for sewing machines and materials for communal activities and fundraising.

The Lighthouse Christmas Kindness Project – £5,000

The Lighthouse charity in Guildford has launched an initiative to provide winter clothes and over 300 gift cards to help families afford Christmas presents.

Home Start Guildford – £9,900

To provide training and support to volunteers helping parents with children under 5 facing isolation, mental health, disability, abuse, and other challenges.

Reskilled – £5,000

To help individuals 25+ unemployed for over a year gain confidence and develop transferable skills for sustainable employment.

Sensory Service By Sight - £5,800

An inclusive organisation empowering people who are deaf, blind, or deafblind by funding staff training to help them access technology and Al support.

Guildford Town Centre Chaplaincy – £13,000

Provides volunteer chaplains for daytime support to those facing loss, anxiety, and stress. Funding is needed for a part-time project coordinator.

Guildford Action – £12,000

Supporting isolated families with complex needs, including poverty and abuse. Funding is needed for community groups, children's activities, and emergency items.

Saturday 21st December

Psychic Souls MBS Fayre



Christmas Choir! Free refreshments! Christmas shopping, free facials, plenty of

stalls to shop for last minute Christmas presents. Free demonstrations!

Fairlands Community Centre GU3 3NA.

Raffle! Healing! Readings by gifted Psychics / Clairvoyants! Oh and Santa Claus will be there too! Tell all your friends and family about this fab day!

For further ino contact Erina on 07974 399402 or erinawright@icloud.com







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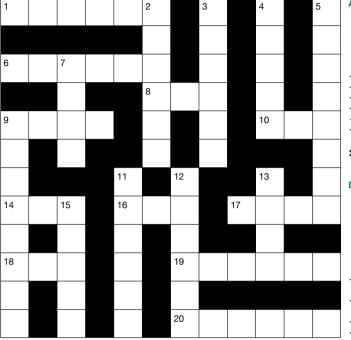
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Burpham Pages Crossword

Crossword No. 38 November & December 2024



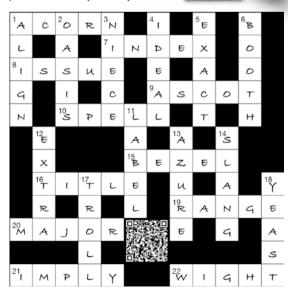


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Solution to Crossword No. 37

Burpham Pages issue No. 112 September & October 2024

The solution to each crossword will be published in the following issue of Burpham Pages as well as on our website **www.burpham-pages.co.uk** For the November – December 2024 solution please see our January – February 2025 issue.



Across

- Period beginning 4 Sundays before Christmas (6)
 Experience in which you see things that
- do not exist physically (6) 8 'Winter depression' (3)
- 9 Hard substance that forms the branches and trunks of trees (4)
- 10 One of Santa's helpers (3)
- 14 Abbreviation of the typical Christmas dessert (3)
- 16 Powdery residue left after a fire (3)
- 17 What the bell did, yesterday (4)
- 18 There was no room here before Jesus was born (3)
- **19** Tiny red breasted birds that are symbols of good luck, happiness and rebirth (6)
- 20 Spherical ornament hung from the branches of a Christmas tree (6)

Down

Ofsted

- 2 Decorative material that mimics the look of ice (6)
- 3 Ignitable wick embedded in wax (6)
- 4 Holy book of the Christian religion (5)
- 5 Sage and onion... (8)
- 7 Precipitation from clouds in the form of flakes of ice crystals (4)
- 9 Colourful or patterned paper used to cover presents (8)
- 11 Religious folk song or popular hymn sung at Christmas (6)
- **12** Beautiful, usually winged, child in painting and sculpture (6)
- 13 The three wise men (4)
- 15 Move rhythmically to music (5)

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New Inn Lane

Link detached three bedroom family home, close to excellent schools and Burpham shops, now requiring updating. The property offers three reception rooms and ample driveway parking. Freehold. Council tax band F. **EPC Rating**:

Merrow & Burpham Office 01483 347100

Guildford Sales 01483 405222 guildford@chantriesandpewleys.com Merrow & Burpham Sales 01483 347100 merrow@chantriesandpewleys.com

What's in store for the property market this winter?

By the time you will be reading this, the content (and fall-out!) of our new Chancellors budget will be known... but, as I type this on the 7th October, it feels like the upper end of housing market is in a holding pattern, with both buyers and sellers adopting a 'watch and wait' attitude. Sub-£1million though, there is more going on, but buyers are being discerning over location, condition and price.

So, if you're thinking of selling in the near future, have a good look online at the agents you choose to value your house – how much of their existing stock has been reduced in price, and how much stock are they currently marketing? Some might think that having lots of instructions means the agent is good – far from it!! Quality over quantity is the way forward when you choose an agent and I would steer well clear of firms where the vast majority of their stock has been reduced – it means they either don't know what they're talking about when it comes to price or their modus operandi is simply to take everything on, no matter the price so they can say they're 'market leaders'! Market leaders in disappointed clients perhaps!

If you want to deal with an agent who gives sound and honest advice, putting your needs before their own, please contact our Merrow & Burpham Office on 01483 347100.

Anthony Brown, Director 7th October 2024



Lettings 01483 405222 lettings@chantriesandpewleys.com Property experts for Guildford & the surrounding villages



November & December 2024

NEWS



Picking up the pieces

The BCA litter picking team tackle throwaway culture

A big thank you to our dedicated team of litter pickers who came out on Saturday, 31st August. Liz Turner organises a well-equipped team to stroll their local streets in twos and threes to clear up casual litter. On dry Saturdays, the team is armed with hi-vis vests, bin bags, gloves and litter picks and heads for known trouble spots. 'Burpham is not the worst place in Guildford for litter' say Liz, 'but we have no trouble filling bins bags with rubbish in a one-hour trawl'

At the last litter pick, in a little over an

BCA on Facebook & Twitter!

Join the conversation! Open to members and non-members, it's a great way to stay up-to-date with everything that's happening in our community.

twitter.com/burpham_c_a facebook.com/burphamCA/

hour, the BCA team trawled the top end of London Road, the perimeter of Sainsburys, Sutherland Park, Marylns, Doverfield and Hanson roads, and filled several bin bags of rubbish including used face masks, full dog poo bags, a bottle of vitamin tablets, empty plastic bin bags(!), a 5-foot long punchbag and a Sainsbury's trolley full of building rubble. The last two items were reported to Guildford Borough Council and promptly cleared up.

The most common items in the bags are empty plastic bottles, empty beer cans, foil wrappers and plastic bags of various kinds. None of these are kind to animals and will not decompose like organic waste.



Interestingly, litter is often found in bushes and hedges rather than pavements. Conscience prevents people from dumping in plain sight on other people's property, but considers public space as fair play. Look round the edges of a green space and there it is!

Litter is changing as social habits change. For example, there are fewer cigarette butts than there were, as people shift to vaping or give up smoking. There is more polystyrene and plastic packaging, and less paper. Sadly, there is a fair amount of children's litter – sweet wrappers and lolly wrappers etc. The most irritating form of litter is full dog poo bags which are surely worse for the environment than the dog poo alone. But that is not as annoying as litter dumped next to litter bins.

Studies in America have concluded that litter bins attract waste... on the ground, near the bins. They surmise that litter bins create a sense that localised litter is okay because someone will turn up to clear it away. Researchers think that council should find better ways to encourage people to take their litter home and save the public purse.

All this is a way of saying that litterpicking is not a menial task: it is important for the environment and for pride in the community. It's also interesting in its own way and it's all over by 10.30am. You still get your Saturday.

Guildford Community Lottery

A way for everyone to support local causes and be in with a chance to win prizes of up to £25,000. **50% of all tickets sold from our page go to the BCA!**

Tickets only cost £1 per week, buy now at www.guildfordlottery.org/support/ burpham-community-association

www.burphamca.org.uk

To get in touch with the BCA contact the committee on **secretary@burphamca.org.uk** phone **07513 366072** or visit the website at **www.burphamca.org.uk**

Do you think you could help? We'd love to expand the number of streets we can cover. Our next outing will be one Saturday in November and assembles in the Sutherland Park car park near the entrance at 9am. Please drop Liz a note if you're interested **membership@burphamca.org.uk** If you can't manage the walk, the other way to help is to drop us a line in the previous week if you spot a particularly littered area, so we know where to go.

Help!

We need a treasurer

Our wonderful Treasurer, Susan Poole, is standing down after many years of service and we are looking for a new Treasurer at some point next year. Do you have experience or interest in learning this job and joining us on the organising team, or 'offshore' from it? We are, as you know, a largely voluntary service and most subscriptions are paid directly into our account so the incomings and outgoings are few. If you can help, we'd love to welcome you. Contact secretary@burpahmca.org.uk

Help by joining the **Burpham Community Association** today!

NB We never share your data or use it for any purpose other than informing you of BCA activities.

FREE EVENTS COMING UP

Have a say on local developments

7.30pm | Thu 14 Nov | Village Hall

A public meeting to update residents on the progress of the London Road scheme, Gosden Hill housing estate, Riverside Park changes and relocation fo the sewage works.



Plans of the Gosden Hill development.

Burpham Christmas celebration

7.30pm | **Tue 12 Dec** | Village Hall

The Burpham Christmas bash will include alcohol, mince pies and fun.

Subscriptions are £8 per household or £4 per single occupancy and run from January to December. Join now or renew your membership for 2024.

You can pay by: Direct Debit – visit our website

at **www.burphamca.org.uk** which has a link to this system – an email to **treasurer@burphamca.org.uk** giving your details would be helpful.

Winter lectures

We represent the community of Burpham, Guildford

8pm | Fridays, January | Village Hall

This year's topics are: A sideways look at King Ludwig II of Bavaria; A brief history of jigsaws, Family Mysteries – how to research your ancestors' hidden pasts; Local artist and illustrator Sidney Sime; and the Zulu Wars.



King Ludwig II of Bavaria.

Good news

After several years of delay and frustration, we have the go-ahead to take on management of Sutherland Hall, and hope to have the keys by the time you read this. Burpham Hub involves several organisations and people around Burpham in a co-ordinated effort to use the hall to serve the community.

Online -

Account name: Burpham Community Association. Sort Code: 40-22-26. Account Number: 41049194

To help the Treasurer please identify yourself using initials, surname and the first line of your address.

Please contact Liz Turner, our Membership Secretary, if you have any queries. Her email address is membership@burphamca.org.uk

News + Events

The Therapy Garden is asking if you have 5 hours to spare each week and want to help those with challenges in their lives.



Volunteers at The Therapy Garden in Normandy.

We are looking for Client Support Volunteers to assist in the Garden alongside our horticulturists in the supervision of our adult clients and teenagers with a variety of disabilities.

Our volunteers work in the garden with clients, helping them with various tasks such as planting, harvesting, pruning and mowing to name a few, under the guidance of our team of horticulturists.

As well as general gardening work you will be assisting our clients, both children and adults with the opportunity to achieve a qualification in horticulture.

Other tasks our volunteers help with include general garden maintenance, DIY tasks or craft/cookery activities.

No gardening experience is required, just the ability to get along with others and muck in! This can be a great stepping stone to further education or work opportunities. At present, we are looking for Volunteers who can offer a regular weekly commitment.

The Therapy Garden works to have a positive and significant impact on

the lives of people facing challenges in life. Whether by giving a sense of purpose to children with special needs; or by reducing the isolation of a young person living with autism or someone older living with dementia. Whether by building confidence in adults recovering from a stroke; or by helping to equip young people who have additional learning needs for a possible future in the workplace. We change lives for the better and we do this by creating a safe place to enjoy the power of gardening and to connect with nature.

We are open to our clients five days a week, Monday to Friday, from 9.15am until 2.30pm. Our adult clients attend all year round, but our teenagers only attend during school term times.

To apply see our website www.thetherapygarden.org/ supporters/volunteers/ Continued from Community Update...

Ash dieback

Ash dieback is a fungal disease sweeping England and is likely to destroy 80% of all ash trees. Severely infected trees have been officially identified in Burpham but it is already clear that other ashes are in the early stages of dieback which will eventually cause their demise. There is no cure once the disease has taken hold.

Burpham has many ashes, and a number of them are in private gardens.

It's useful to know the signs:

- Foliage thins out in clumps and this increases each year
- Leaves turn brown even in summer, droop and turn black
- Dying branches curl their fingers upwards like candelabras
- Long lesions appear where branches join the truck, and these point upwards and downwards.

The county council is monitoring dieback and removing infected trees in public green spaces when they become very weak and liable to fall over. Jack's Copse on New Inn Lane is scheduled for treatment this Autumn. Ashes on private land are the owner's responsibility. If your tree has lost most of its foliage and is limited to a few clumps of leaves, you should consider getting it checked with a specialist. Sometimes, cutting back the affected branches at an early stage can slow down the progress of dieback, but not stop it.



Whilst care has been taken to ensure that the information contained in Burpham Pages is accurate, the publishers take no responsibility for the accuracy of statements made by, nor the opinions of, contributors, and accept no responsibility for any omissions or errors which may occur.

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Father Christmas's busy lifestyle might be contributing to his rosy complexion!

By Sophia Wyatt, Skcin Charity Ambassador, Clinic Director, Send Therapy Rooms

Father Christmas is known for his jolly demeanour, twinkling eyes, and, of course, those famously rosy cheeks. But while his bright complexion might be part of his festive charm, it's possible that his glowing cheeks are a symptom of something less magical – **Rosacea**.

This common skin condition causes redness and visible blood vessels, particularly on the face, and can flare up due to a variety of triggers. Father Christmas's busy lifestyle might be contributing to his rosy complexion!

Who is Prone to Rosacea

Rosacea has several potential causes, and poor Father Christmas may be hitting them all during his annual Christmas rush. One major trigger is rapid changes in temperature, something Santa experiences constantly. Moving between the icy North Pole and the warmer climates, colder weather and heated homes, he visits on his worldwide gift-giving mission could be causing his blood vessels to expand and contract, leading to facial flushing and, over time, the development of broken veins.

Father Christmas's diet might also be playing a role. Rosacea is often aggravated by spicy foods, sugar, hot beverages, and alcohol. And with all those festive treats left out for him – especially mulled wine and mince pies – it's no wonder his skin may be suffering! On top of that, lack of sleep can also weaken the skin's natural defenses and make it more prone to flare-ups. We can't imagine Father Christmas gets much rest as he prepares for the busiest night of the year.

Treatment Options for Rosacea

If Father Christmas wants to maintain a healthy glow rather than a rosy irritation, there are several treatments he might consider to help reduce redness and prevent broken veins.

- Laser or IPL (Intense Pulsed Light) therapy is a popular option for treating the visible blood vessels caused by rosacea. These treatments work by targeting the dilated blood vessels under the skin, helping to reduce redness and even out the complexion.
- Dermalux LED Phototherapy is another great option. It uses LED light to calm inflammation, promote healing, and improve skin health, making it

ideal for soothing rosacea flare-ups. The non-invasive nature of this treatment means Santa could get it done quickly without needing recovery time.

 Santa should also be diligent about wearing daily SPF, even in the winter. UV rays are a common trigger for rosacea, and protecting his skin from the sun could help prevent further irritation.

Dietary Advice To Reduce Flushing

In addition to professional treatments, Father Christmas could benefit from making some tweaks to his diet. He might want to cut back on spicy foods, alcohol, and hot drinks, which can all contribute to rosacea flare-ups. Instead, he could swap that mulled wine for a soothing herbal tea, and snack on anti-inflammatory foods like leafy greens, fish rich in omega-3s, and antioxidant-packed fruits like berries.

With the right combination of treatments and lifestyle adjustments, Father Christmas's cheeks can stay as merry as ever – without the irritation of rosacea! LASER TATTOO/PMU REMOVAL LASER HAIR REMOVAL MOLE & SKIN TAG REMOVAL DARK SPOTS & VEIN REMOVAL ANTI-AGING TREATMENTS **MICRO NEEDLING & PEELS** HAIR LOSS TREATMENTS





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Dance display in Burpham Village Hall, 1950s (Barabara Stone)

Extra-Curricular Teaching in Burpham

Moira MacQuaide's history of Burpham

There has always been a need for children to learn subjects outside of formal schooling. Many of us will remember having lessons after school, in swimming, dancing, music, sports, etc. This month the focus is on three teachers in Burpham, from the 1950s and 1960s, though there were probably many more, but these are memories shared.



Dancers on Festival Queen's Float at the Guildford Carnival, 1950s (Barabara Stone)

Susan Kethero remembered that in the 1950s she had piano lessons with Miss Bullen, the mature daughter of William Henry Bullen of Marlyns. She had been a piano teacher at the County Grammar School for Girls, but went on to give private lessons in the chapel at Marlyns, which had been turned into a music room for the family.

Very little other information has been found about the Bullen family, but they were recorded in the Kelly's Directories as living at 79 London Road, Burpham. According to Norman Hamilton, the Bullens lived there until 1959, when they sold the house to Abbeyfield Properties, to be converted into flats for retired ladies.

Barbara Stone lived in New Inn Lane and remembered her neighbour, Mrs Ethel Rees, who taught dance, including tap, ballet and ballroom, in the 1950s. She had a studio in her back garden for the classes, for girls up to 12 years old, plus a senior group of girls up to 17 years. These took place on Saturday mornings, with 15-20 girls in a class. They put on displays in Burpham Village Hall, using the stage, with the rest of the hall packed out with family and friends. The parents made costumes for the girls for the displays. The girls also put on displays on the Festival Queen's float for the Guildford Carnival.

Derek Oliver remembered that in the 60s and 70s, his father, Fred Oliver, taught both tennis and table tennis in Burpham. Fred was the local Police Constable for Burpham. He built a tennis court behind his house. Derek remembered his father running a table tennis club for young people in an outbuilding behind the Kingpost. Ralph Marshall remembered that Fred gave him extra training for his Duke of Edinburgh Award. Two girls from Burpham, Linda and Sue Howard, were in the top five players in the country. Their father, Percy, built a table tennis room in their back garden in Burpham.

What other lessons went on in Burpham? Share your memories about the past by e-mailing us at editor@burpham-pages.co.uk



Table tennis lesson with Mr Oliver c.1960-1970 (David Oliver)

If you are willing to share your memories and photos to tell us more about Burpham then please contact Moira MacQuaide, either by e-mail (moira.macquaide@gmail.com) or by phone or text (07963 756543). My book, Burpham – A Gateway to Guildford is still available from me for £10 (free delivery locally) or on Amazon, but the History of Burpham Primary School 1908-2014 is now out of print (available to borrow at Guildford Library).





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Burpham resident completes Ireland end-to-end walk & raises funds for dementia

Mark Saunders, a 67-year-old retired University of London professor from **Burpham** has completed a new challenge for charity. On the 6th October 2024 he finished walking the length of Ireland and, in doing so, has raised significant sums to help two dementia charities.

Mark's started this demanding trek on the 29th August 2024 at the tip of Dursey Island in the rugged southwest of Ireland, and finished 39 days later at the coastal town of Ballycastle in Northern Ireland. His end-to-end walk of Ireland spanned 507 miles, encompassed 40,000 ft of ascent and included five rest days. He averaged 14.9 miles and 1170 ft of ascent each walking day, and followed mostly waymarked trails, paths and quiet country roads.

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Mark reports that "although strenuous, the adventure was a marvellous and rewarding experience. The green landscapes and scenery were fantastic, the Irish people were warm and friendly, and even the weather was better than expected! I especially enjoyed walking the coastal stages in the south and north. The clifftop path eastward from the famous Giant's Causeway was stunning with its dramatic volcanic scenery - and is a walk that I would recommend to all day hikers! My end-to-end route traversed several mountain ranges, crossed the Shannon, Ireland's longest river, encountered many castles and historical sites, and provided a good appreciation of Irish



Map of Mark's Ireland walk.

culture. The simple traditional way of life that endures in southwest Ireland was a particular delight."

Crucially, Mark's exploit was undertaken for charity. His efforts have increased awareness of dementia and have raised valuable funds to help two leading dementia charities, the Alzheimer's Society (covering England, Wales, and Northern Ireland) and the Alzheimer Society of Ireland. Dementia is Britain's leading cause of death, having overtaken coronary heart disease. It is a chronic brain disorder that is not part of normal ageing and will affect 1 in 3 people in the UK and Ireland. Unfortunately, there is still no cure for dementia and many people who have this pernicious disease are not being diagnosed and supported.

Alzheimer's Society

The Alzheimer's Society and the Alzheimer Society of Ireland provide essential support to those living with dementia and work towards groundbreaking treatments. They also strive to make dementia the national priority that it desperately needs to be. Donations are vital for these Societies to continue their essential work.

Mark is appreciative and grateful to all Burpham residents who have kindly made a donation. However, if you are able, please be kind and try to make a small donation either online or by cash. For online donations please visit Mark's JustGiving page for the Alzheimer's Society at www.justgiving.com/page/ mark-saunders-ukalzs6111922 or for the Alzheimer's Society of Ireland please visit www.justgiving.com/ page/mark-saunders-irlalz3071922 For a cash donation please send an email to Mark at mas7757@live.com so that he may arrange this. Thank you for your kindness.



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Following the path of life.

Rev James Hanson looks back at footprints left in the sand.

Rev James Hanson, Vicar, Burpham Church

Life has many twists and turns, and that's even before we reach today. Tomorrow, well that is another path entirely. Sometimes the road of life doesn't look like what we hoped it might have done.

Maybe, our hopes and dreams fall by the wayside and end up dashed. Yet, I have often mused about whether I have been getting it wrong for so long, and perhaps haven't been looking at life the right way. Just what if I was to look backwards at life as a pathway I had walked. Then I might see the footprints I had left in the sand, maybe even to see the impact I had had (hopefully for good) on others' lives, and even to see how the pathway I eventually walked was the one I was meant to have walked, collecting up life's rich experiences on the way.

It became clear when I recently visited a school in a small village in Kenya, near the rift valley, where I came across this stunning pathway built by the children. Not only making the bricks for the path, they engraved them with their own names so that they laid the pathway in front of themselves, but also they laid the pathway together so that they would be part of the journey with their friends. This Kenyan spirit of journeying together and building a path that takes others with you on that journey into the future was a really beautiful image.

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For me, life has been like a rollercoaster, with high heights and low troughs, and a variable plate of spaghetti feel between. Yet, for every time I felt the trough, I look back and saw how that became a springboard, part of my bouncebackability. That word probably would sum up my journey to date.

It is, of course, far more than just a kangaroo-hopping path, because I feel much stronger for having to bounceback than if everything had been plain sailing.

But, whatever my hopes were for the future, when I look back, life has taken a different path and my hopes have evolved into something new. That's ok for it not to look like how I imagined, because I know my real blessing. I have a house over my head, I have food to eat, I live in a beautiful part of the world, I am healthy and I have a family. But, irrespective of these things, I have an even greater blessing than all of those put together; I have hope. Hope for a future. Hope that will never let me down. Hope that when I went through the troughs of life, I was carried by God; I was never alone.

We find that as nights draw in, the cold of the end of Autumn turns our minds away from Summer and towards Winter. Yet – with Winter comes Christmas, that time when we are reminded of a Hope that came into the world, in the form of Jesus. The Hope that carries us through the troughs of life, and gives us an image of a future where we know we travel together, building the pathway brick by brick.

So, as Winter approaches and we look longingly at Christmas, what are you Hoping for?

Blessings, Rev James.



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Gardening Hints & tips

From the Worplesdon Garden Club

For more information on Worplesdon Garden Club contact Tim Bonnert on 01483 237702

Worplesdon Garden Club is a friendly and enthusiastic club which meets every second Tuesday of the month from 8-10pm in the Old Church, Emmanuel Parish Centre, Stoughton, Guildford, GU2 9SJ with doors open from 7.45pm.

About Worplesdon Garden Club

Membership is only £15 for the year from January (£8 from July) and includes a full schedule of speakers throughout the year, plus a range of social events including Garden Visits, Lunches, Barbecues, and Horticultural Shows. Please see the club website, **www.worplesdongardenclub.co.uk**, for more details. Visitors (£3) and new members are always welcome.

For more information on

Worplesdon Garden Club contact Tim Bonnert on 07708 455096, info@worplesdongardenclub.co.uk, or visit www.worplesdongardenclub. co.uk where you can read our latest Club Newsletter – www. worplesdongardenclub.co.uk/ newsletters



Tuesday 12th November

Club Meeting in November Jon Evans – 'Alpines' 8.00pm. Emmanuel Parish Centre.

Tuesday 10th December

Club Meeting in December Christmas Social Evening

8.00pm. Emmanuel Parish Centre.

Gardening hints and tips for November & December

- Cold nights and frosts will be making an appearance soon so this the last chance to protect any tender perennials by moving to a sheltered spot or by applying a thick mulch of compost.
- It is important to gather up leaves regularly. Fallen leaves will smother lawns and small plants and will become a dangerous slip hazard on paths.

Collect leaves into their own bag or leaf bin and leave for about a year to decompose into beautiful leaf mould. This can then be used as a mulch for those tender plants next Autumn, or as a general soil improver.

November & December

- Carefully lift any remaining dahlia and begonia tubers, trim off the dead foliage, label, then store in dry sand or compost in a cool, frost-free place. Alternatively, apply a thick layer of mulch over the plants in situ to protect the tubers from deep frosts over the winter.
- Plant out any last remaining winter bedding.
- Now a good time to sow sweet peas for an early show next summer.
- Plant Narcissi and tulip bulbs. Tulips are often quite short lived and can do better in pots or tubs. Pots are also easier to move to a different location after flowering to allow the leaves to die down naturally.

info@worplesdongardenclub.co.uk www.worplesdongardenclub.co.uk

- If you're buying a Poinsettia, remember that they don't like draughts or being overwatered. Give them lots of light during the day and don't trap them behind a curtain on a cold windowsill overnight or they will drop all their leaves.
- Tie in wall trained shrubs and climbers to prevent wind damage and lightly prune shrub roses to reduce root damage by wind-rock where topheavy plants are pulled out the ground by the wind over the winter months. Roses will be pruned again in late winter, so don't be too harsh now.
- Start to prune and maintain most deciduous trees and shrubs – the main exceptions being evergreens or early flowering shrubs such as Forsythia, and cherries, plums and other stone fruit which should be pruned in the summer.
- Bare rooted roses, shrubs, hedging, and some trees can also be planted now through to end of February. Bare-rooted plants without a pot or

soil are a very cost-effective way to buy new plants.

Avoid walking on frost-covered grass to prevent damage and the appearance of brown patches.

- Harvest and enjoy root crops and brassicas from the vegetable garden. A frost on parsnips will help turn more of the starches in the roots into sugars, making them even sweeter.
- Stop watering any succulents or cacti and reduce watering of most houseplants – with the light levels being very low, the plants will not be growing and will not need regular watering.
- Tidy perennial grasses and bamboos and continue to clear the top stems of faded perennials where appropriate or leave as over-wintering habitats for beneficial insects.
- Whilst it's harder to be motivated to get out in the garden when the days are so short and it's cold and damp, doing a bit of work on the brighter days will pay dividends next year.

What's on...

Wednesday 4th December

A Celebration of Christmas



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(Worplesdon for Jacob	s Well)
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